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Annexure-I**List of Centres proposed for KICs in the UT Delhi**

Sr. No	District	Centre Proposed Location	Discipline
1	North East	BCP SKV Babarpur, Shahdara, Delhi- 110092	Yoga
2	South West	Kair Sports Complex, Village Kair, New Delhi - 110043	Football
3	South	Sarvodaya Co. Ed, Vidyalaya, Shahpur Jat, New Delhi - 110049	Boxing
4	New Delhi	Tyagraj Stadium, INA Colony, New Delhi	Judo
5	Central Delhi	Sarvodaya Vidyalaya, Rouse Avenue, New Delhi- 110002	Basketball
6	South East Delhi	Govt. Girls Sr. Sec. School, No 3 Badarpur, Near DDA Flats, New Delhi- 110044	Mallkhamb

List of Centres proposed for KICs in the UT Andaman & Nicobar:

Sr. No	District	Centre Proposed Location	Discipline
1	North & Middle Andaman	Forest ground Baratang, Sri Vijaya Puram, A&N - 744210	Hockey
2	Nicobar	Indira Park Ground, Kamorta, A&N- 744303	Volleyball
3	Nicobar	Football Ground, Mini Stadium, Campbell Bay, A& -744307	Football

F. No. DDG/SAI/KI/DPAC/2019

Dated: 11.03.2021

Sub: 24th Departmental Project Approval Committee (DPAC) meeting held on 09th March, 2021 on the various components of Khelo India Scheme - Circulation of Minutes thereof.

Please find enclosed the Minutes of the meeting of the 24th Departmental Project Approval Committee for various components of Khelo India Scheme held on 09th March, 2021 under the chairmanship of **Sh. Ravi Mital, Secretary (Sports), MYAS**, for your kind perusal please.


(M.S. Varughese)
Director (Khelo India Sectt.)

Encl: As above

To,

The Members of the Departmental Project Approval Committee of Khelo India

Copy to:

1. Sr. Director (KI Events) w.r.t Agenda no. 10
2. Mission Director (Fit India) w.r.t Agenda no. 7 & 8
3. PS to MoS (I/C), Y & S
4. AD to DG, SAI
5. CEO (TOPS) w.r.t Agenda no. 3, 4 & 11
6. Director (Finance)
7. DD, KI w.r.t Agenda no. 12
8. HPD, KITI w.r.t Agenda no. 9
9. HPD, SLKIC w.r.t. Agenda no. 5 & 6



Minutes of the 24th Departmental Project Approval Committee (DPAC) for meeting held on 09.03.2021

The meeting of 24th Departmental Project Approval Committee (DPAC) was held on 09.03.2021 at 11.00 AM under the chairmanship of Sh. Ravi Mital, Secretary (Sports).

The list of members is placed at **Annexure -1**.

Agenda No. 1: Confirmation of the DPAC minutes held on 14.01.2021

The minutes of the 23rd DPAC were confirmed.

Agenda No. 2: Action taken report (ATR) on the Minutes of the meeting on 14.01.2021

The ATR of the 23rd DPAC held on 14.01.2021 was noted.

Agenda Item 3: Extension and payment to Scientific Staff for 13 NCOEs.

The committee approved the hiring of the scientific staff till 31st March, 2022 or the implementation of the cadre re-structuring proposal of SAI, whichever is earlier.

Agenda Item 4: Procurement of the road and track bikes with revised rates.

It is observed by the DPAC that the total approval for procurement of sports equipment was Rs. 2,67,50,000/- and the actual expenditure can be assessed only after the procurement. In case of additional requirement, the proposal can be placed later. Hence the agenda was withdrawn.

Agenda Item 5: Opening of District wise Khelo India Centers (KICs) in Uttar Pradesh State

The proposal was approved.

The committee also decided that all the sports disciplines recognized by MYAS shall be eligible for Khelo India Centres (District level).

Agenda Item 6: Viability Gap Funding for Khelo India State Centre of Excellence (KISCE)

The proposal was approved.

Committee also recommended that an inspection team with the representative of the ministry and SAI may visit each KISCE atleast once in a year to monitor and review the project.



Agenda Item 7: Budget allocation of Rs. 20 lakh for Fit India All Women Trans Himalayan Mountaineering Expedition.

The proposal was ratified.

Agenda Item 8: Production of one TVC and its 3 edited versions for promotion of Fit India Mobile App – reg

The proposal was approved.

Agenda Item 9: Talent identification - Zonal Committees and financial norms

The committee approved the sitting fees as recommended. For lodging, boarding, travel and local transport, the following norms shall be applicable:

1. Entitlement of TIDC/TSC members shall be similar to the officers in the rank of Director to the Govt. of India.
2. Entitlement of TIZC (Zonal Committee) members shall be similar to the officers in the rank of Under Secretary to the Govt. of India.
3. Entitlement of scouting members shall be similar to the officers in the rank of Section Officers to the Govt. of India.

Agenda Item 10 : Reimbursement to the Govt. of Odisha towards conduct of Khelo India University Games – 2020

The proposal was approved.

Agenda No. 11: Financial Assistance to Indian Weightlifting Federation (IWLF) for the procurement of Weightlifting equipment for NCOE Lucknow.

The proposal was approved.

Agenda Item No. 12:- Approval of Funds for Project Management Unit for year 2021-2022

The budget for extension of PMU was approved till 30th June, 2021.

The meeting ended with a vote of thanks to the chair.



Annexure – 1

The following members were present in the meeting:

1. Sh. Ravi Mital, Secretary (Sports), MYA&S, Chairman
2. Sh. Sandip Pradhan , Director General, SAI
3. Sh. Manoj Sethi, Joint Secretary & FA, MYA&S
4. Sh. LS Singh, , Joint Secretary (Development), MYA&S
5. Sh. Anjan Kumar Mishra, ED (Finance)
6. Sh. Vimal Anand, Director (MDSD)

Also, following officers were present:

1. Sh. Satya Narayan Meena, Sr. Director (KI Events)
2. Ms. Ekta Vishnoi, Mission Director, Fit India
3. Cdr. Rajgopalan, CEO (TOPS)
4. Sh. M.S. Varughese, Director (KI Sectt.)
5. Sh. P. Giri Rao, Director (Finance)
6. Sh. S S Roy, HPD (KITI)
7. Sh. Sibananda Mishra, DD (KI)
8. Sh. Prashant Singh, AD (TOPS)
9. Sh. Inderjit Singh Pabla, Project Officer (Teams)



Highlights – Fit India Carnival 2025

Objectives

- Promote a nationwide culture of fitness and holistic well-being
- Translate the vision of the Fit India Movement into ground-level action
- Inspire citizens to adopt active lifestyles
- Provide a platform for fitness education, engagement, and celebration
- Support the goal of building an obesity-free India

Overview of the Event

The **Fit India Carnival 2025** was organized from **March 16–18, 2025**, at **Jawaharlal Nehru Stadium, New Delhi**, and marked the first-of-its-kind fitness festival in India. Inaugurated by **Dr. Mansukh Mandaviya, Union Minister for Youth Affairs & Sports**, and **Smt. Raksha Khadse, MoS**, the event attracted over **25,000 participants** from across the country and created a vibrant atmosphere promoting health, inclusion, and wellness.

Key Activities & Zones

- **Mass Fitness Sessions** – Yoga, Zumba, Aerobics, group workouts
- **Health & Wellness Zone** – Free BMI, blood pressure screenings, dietary and mental wellness consultations by NCSSR
- **Traditional Games & Martial Arts** – Kabaddi, Kho-Kho, Tug of War, Kalaripayattu, Mallakhamb, Gatka
- **Fun Engagements** – Life-sized board games, rope skipping, pull-ups, arm wrestling, cycling challenges
- **Digital Booths** – Fit India Mobile App demos, campaign exhibits
- **Cultural Performances** – Folk dances, live music, fitness through dance showcases

New Initiatives

- Theme: *"Fitness through Fun"*
- Book Launch: **"Benefits of Cycling"** by NCSSR
- Unveiling of mascot, logo, and anthem for upcoming **Khelo India Para Games**
- Special fitness challenges involving celebrities

Stakeholders Involved

- **NCSSR** – Health checks, expert consultations
- **National Sports Federations** – Performance showcases (Yogasana, Gatka, Kalaripayattu)
- **Schools, NCC cadets, influencers, working professionals** – Represented in large numbers
- **Private Partners** – Brands like GoQii, Cyclofit, and wellness startups promoted healthy lifestyles

Participation Metrics

- 25,000+ footfall across 3 days

- 200+ volunteers and 150+ staff per day
- Participants aged 5–70, ensuring inclusivity
- Celebrity guests: **Ayushmann Khurrana, Sangram Singh, Shanky Singh, Mickey Mehta**

Digital & Media Outreach

The carnival created a **massive digital footprint**:

- 48 million+ social media impressions
- 450+ national and regional media coverages
- 10% increase in Fit India app usage
- Over 3,000 posts with official hashtags during the event
- One Instagram reel crossed **15 million+ views**

Health Impact

- 2,300+ health assessments
- 1,500+ personalized consultations
- 250+ obesity management advisories
- 25,000+ participants signed the **Fitness Pledge**
- **Zero major medical incidents** reported

Inspiring Transformations

Ravi Kumar, a 45-year-old government employee, reversed pre-diabetes through the carnival's fitness guidance and is now a local fitness ambassador. A 12-year-old autistic child also participated joyfully, highlighting the inclusive spirit of the event.

Closing Ceremony

Held on **March 18, 2025**, the closing celebrated the successful execution of the carnival with dance performances and acknowledgment of volunteer efforts. Ministers lauded the event's impact and emphasized fitness as a national priority.

Recommendations for Future Editions

- Expand to multiple cities and regional centres
- Introduce a year-round **Fit India Challenge Series**
- Collaborate more deeply with schools and universities
- Plan promotional campaigns 3–4 months in advance
- Innovate with fitness tech, AR/VR, and Guinness Record attempts

Conclusion

The Fit India Carnival 2025 transformed the abstract ideals of the Fit India Movement into real, inclusive action. With a huge turnout, high engagement, and strong health outcomes, the event is poised to become a flagship national festival for fitness promotion.

ASMITA CITY/DISTRICT LEAGUE 2025-26			
S.No.	Discipline	Number of City/ District Leagues proposed	Total funds to be released to NSF @ Rs 75000/- per City/District league (in INR)
1	Kickboxing	50	3750000
2	Wushu	50	3750000
3	Weightlifting	50	3750000
4	Judo	50	3750000
5	Yogasana	50	3750000
6	Football	50	3750000
7	Badminton	40	3000000
8	Rugby	35	2625000
9	Taekwondo	25	1875000
10	Pencak Silat	25	1875000
11	Cycling (Road)	25	1875000
12	Kayaking and Canoeing	22	1650000
13	Squash	20	1500000
14	Swimming	10	750000
15	Athletics	350	26250000
Total		852	6,39,00,000/-