



**BRIEF**

**ON**

## **SAI SPORTS PROMOTIONAL SCHEMES**

- 1. National Sports Talent Contest (NSTC) (69 Centres)**  
*(10 Regular Schools, 10 IGMAs & 49 Akharas)*

**2020-2021**



## NATIONAL SPORTS TALENT CONTEST SCHEME (NSTC)

### OBJECTIVE:

1. National Sports Talent Contest, (NSTC) Scheme is being implemented to scout sports talent in the age group of **8-14** years from schools and nurture them into future medal hopes by providing scientific training.

2. Under the Scheme, schools having good sports infrastructure and record of creditable sports performances are adopted by SAI. The Scheme enables the budding sportsperson to study and play in the same school. In addition to the main scheme of NSTC (launched 1985) wherein regular schools are adopted, a few distinct sub-schemes were launched to further reach out to sports talent in India, even those participating in indigenous sports and games. These sub-schemes of NSTC include:

- (i) Regular Schools
- (ii) Indigenous Games & Martial Arts (IGMA)
- (iii) Akharas

### 3. Disciplines covered under the NSTC:

**Regular Schools** - Athletics, Basketball, Football, Gymnastics, Hockey, Kho-Kho, Swimming, Table Tennis, Volleyball & Wrestling (**10** Disciplines).

**IGMA** - Archery, Gatka, Kabaddi, Kalariapayatu, Mukna, Malkhamb, Thang-Ta, Silambam, Khomlainai (**09** Disciplines)

**Akharas** – Wrestling (**01** Discipline)

4. **NSNIS trained coaches are provided to adopted schools & akhara for regular training.**

5. **Selection Criterion of Regular Schools (NSTC)**

**Age:** 8 to 14 years.

The performance of the trainees in the battery of tests and achievements at the time of induction should be clearly documented.

### Individual/Team Events:

- a. Trainees, who are medal winners in State/National Level Competitions are admitted into the scheme, subject to their being found medically fit.
- b. Trainees who are medal winners at District Level Competition or have participation in State Level Competitions are admitted subject to their being found fit medically and physically and also have the required potential which is assessed by battery of tests.
- c. For selection from the remote, tribal & coastal areas, the trainees are also selected by organizing competitions among participants. Selection is done by a selection committee consisting of representatives of SAI, School/ Akharas, SAI coaches, sports scientists etc. The sports persons identified on this basis are offered admission after age verification, medical examination and on found suitable by applying battery of tests.

### Pre-condition for Admission:

The admission in the above two categories may be made based on the performance indicators, Anthropometric measurement, Physiological & Psychological tests and depending on age, discipline, event and evaluation of future potential and battery of test result and are to be documented at the time of induction.

### Retention Criteria:

- a) Retention of the athletes will be based on his/her maintaining the minimum level of performance on the basis of which the inmate was admitted and also achieving the target set for the year.

**Weeding out:**

- a) Not maintaining the expected level of performance
- b) Dope abuse, age fraud, misconduct.

**Monitoring, Half Yearly Scientific Assessment & Academic back up for trainees admitted:**

It is recommended that close monitoring and half yearly scientific assessment of all trainees admitted may be done by Institutional/Regional Heads by engaging the services of in-house sports science facilities or by engaging the services of renowned Sports Science Institutions.

**Relaxation:** However relaxation both for lower and upper age limit as well as induction can be granted in exceptional cases based on outstanding performance in Battery of Tests and also taking into account specific nature of sports, for which prior approval of DG, SAI would be needed.

**INDIGENOUS GAMES AND MARTIAL ARTS (IGMA) (Sub-Scheme of NSTC)**

With a view to promote indigenous games & martial arts in the schools in rural and semi-urban areas and scouting of talent in these games for nurturing in modern sports this scheme was launched in November, 2001 schools runs by Educational Institutions having cluster of Schools like Kendriya Vidyalayas, Navodaya Vidyalayas, DAV, Vidya Bharati & similarly placed institutions for promotion & development of indigenous games & martial arts were also included as part of NSTC Scheme.

**SELECTION CRITERIA**

**Age:** 8 to 14 years.

The performance of the trainees in the battery of tests and achievements at the time of induction should be clearly documented.

**Selection Criteria for Induction:**

- a. Talents, who are medal winners in State/National Level Competitions are admitted into the scheme, subject, to their being found medically fit.
- b. Talents who are medal winners at District Level Competition or have participation in State Level Competitions are admitted subject to their being found fit medically and physically.
- c. The scouting of the talent in indigenous games is to be done on the basis of open competitions among participants. Selection is done by a selection committee consisting of representatives of SAI, Institutions, SAI coaches, guru/mentor of the concerned game. The sports persons identified on this basis are offered admission after age verification, medical examination etc.

**Retention Criteria:**

- a) Retention of the inmate will be based on his/her maintaining the minimum level of performance on the basis of which the inmate was admitted and also achieving the target set for the year.

**Weeding out:**

- a) Not maintaining the expected level of performance
- b) Dope abuse, age fraud, misconduct.

**Monitoring:**

Close monitoring and half yearly evaluation of the adopted Clubs/Institutions is carried out through Institutional Heads/ Regional Centres. Exceptionally talented boys & girls may be admitted in the SAI SAG Centre or SAI Sports Academy as per the discipline and eligibility criteria.

**Relaxation:** However relaxation both for lower and upper age limit as well as induction can be granted by DG SAI in exceptional cases based upon outstanding performance in Battery of Tests and also taking into account specific nature of sports, for which prior approval of DG, SAI would be needed.

## **ADOPTION OF AKHARAS UNDER NSTC SCHEME**

### **INTRODUCTION**

Wrestling has been a traditional indigenous sport in the country and mostly played at village level. India has won many international medals in the past and has been a force to reckon with. Therefore, efforts are being made to create a broader base for modern wrestling and supplement the efforts made by various akharas in the country.

### **ADOPTION OF AKHARAS**

Keeping in view the peculiar nature of wrestling sport adoption of akharas having a minimum 20x20m covered hall for placing wrestling mats, 15x15m cover hall for installing a multi-gym and other allied facility, is approved.

**SELECTION CRITERIA:** The selection criteria of NSTC regular adopted schools is applied for selecting talented wrestlers.

**FACILITIES PROVIDED UNDER THE NSTC SCHEME:** Presently under the Scheme, selected trainees are admitted on non-residential basis. However as an exceptional case the trainees have been admitted in two schools on a residential basis and they are provided boarding & lodging facilities instead of stipend.

### **FINANCIAL NORMS:**

#### **1) REGULAR SCHOOLS**

SN	Particulars	Amount (₹)
1	Sports Kit (per annum per trainee)	2000.00
2	Insurance (per annum per trainee)	150.00
3	Competition exposure (per annum per trainee)	2000.00
4	Stipend for 10 months (per head per annum)	3000.00
5	Annual grant to the school for purchase of sports equipment (per annum)	20000.00

#### **2) INDIGENOUS GAMES & MARTIAL ARTS**

1	Sports Kit (per annum per trainee)	1500.00
2	Insurance (per annum per trainee)	150.00
3	Stipend for 10 months (per head p.a.)	3000.00
4	Annual grant to the school for purchase of equipment (p.a.)	20000.00
5	Annual grant to the school for organizing compt. for scouting talent (p.a.)	25000.00

#### **3) AKHARAS**

1	Sports Kit (per annum per trainee)	3000.00
2	Competition exposure (per annum per trainee)	3000.00
3	Stipend (per trainee per month)	1000.00
4	Accidental insurance (per annum per trainee)	150.00
	The adopted Akharas in addition to the service of experienced coaches is also provided one set of Wrestling Mat and /or Multi-Gym.	

At present there are **10** Regular adopted schools, **10** schools adopted to promote indigenous games/ martial arts. **49** Akharas adopted being trained? There are a total No. of Trainees **1076** (**850** Boys & **226** Girls) trainees under the NSTC Scheme.



**SUMMARY AT A GLANCE**  
**NUMBER OF SAI CENTERS**  
**AND**  
**STRENGTH OF ATHLETES**  
**2020-2021**



SN	Name of the Schemes	No. of Centres	(Resi.)			(Non-Resi.)			G. TOTAL
			Boys	Girls	Total	Boys	Girls	Total	
1	SAI National Centres of Excellence (NCOE)	23	1372	1255	2627	94	67	161	2788
2	SAI Training Centres (STC)	66	2665	1294	3959	368	492	860	4819
3	Ext. Centre of STC	30	0	0	0	332	210	542	542
4	NSTC	0	0	0	0	0	0	0	0
i)	Regular Schools	10	0	0	0	223	50	273	273
ii)	IGMA	10	0	0	0	76	57	133	133
iii)	Akharas	49	0	0	0	551	119	670	670
<b>TOTAL:</b>		<b>188</b>	<b>4037</b>	<b>2549</b>	<b>6586</b>	<b>1644</b>	<b>995</b>	<b>2639</b>	<b>9225</b>
			<b>BOYS</b>		<b>GIRLS</b>		<b>G. TOTAL</b>		
			<b>5681</b>		<b>3544</b>		<b>9225</b>		

