



BRIEF

ON

SAI SPORTS PROMOTIONAL SCHEMES

(1) SAI National Centre of Excellence (NCOE) (23 Centres)

2020-2021



SAI NATIONAL CENTRES OF EXCELLENCE (NCOE)

The Sports Authority of India (SAI) was implementing various sports promotional schemes, in the Regional Centres, Academic Institutions and SAI Training Centres (STC), across the country to identify talented sports persons and nurture them to excel at national and international competitions.

In SAI Regional Centres and Delhi Stadia, multiple schemes were being implemented such as Centre of Excellence, SAI Training Centres (STC), and National Academies. These schemes, running within the same campus, targeted trainees of different age groups provided different entitlements and had different Financial Norms.

To maintain uniformity of the financial norms and to dispense with the differentiation between trainees in the same campus/premises at SAI Regional Centre/Academic Institutions/Stadia, a decision was taken by the Ministry of Youth Affairs & Sports, Govt. of India vide Office Memorandum No K-11020/4/2019-Sports-V dated 18.09.2019 to merge all Schemes Operating in the same Campus/premises in SAI Regional Centre/Academic Institutions and Stadia as **SAI National Centre of Excellence (NCOE)**.

After merger of SAI promotional Schemes operating in the same campus and stadia etc. 20 NCOEs were upgraded to National Centre of Excellence. However, considering the potential and infrastructure 3 more NCOEs were added later. As of now, there are 23 NCOEs (*Chandigarh has yet to start*) operational across India in 14 priority and 11 other sports disciplines.

AIMS AND OBJECTIVES

In its endeavour to train athletes to achieve excellence in Olympics and other International Events, Sports Authority of India has established National Centres of Excellence (NCOEs) across the country to impart specialized training to promising athletes by providing state of the art infrastructure and playing facilities, sports science backup, individualized diet prescribed by trained nutritionists and overall supervision under the best coaches, qualified support staff and High Performance Directors.

National Centres of Excellence operate as regular coaching camps for the best available talent in India and provide concurrent layers of prospective sports persons, giving a wider choice of talent and continuity for selection to National Teams and provide alternative second and third options too. NCoE is capable of accommodating elite to development athletes.

2. Disciplines covered by NCOEs:

NCOEs cover 14 focused/priority disciplines and 11 other disciplines where Indian athletes are performing well and have chances to win medals in the International Events/Championships/Games, availability of FOP, existing athletes, local talent etc.

Focused Sports Disciplines: Archery, Athletics, Badminton, Boxing, Cycling, Fencing, Hockey, Judo, Rowing, Swimming, Shooting, Table Tennis, Wrestling, and Weightlifting

Other Disciplines: Football, Gymnastics, Basketball, Handball, Kabbadi, Kho-Kho, Kayaking & Canoeing, Para Sports, Taekwondo, Volleyball, Wushu

3. Disciplines covered in each NCOE are:-

SN	Name of the Centre	Discipline(s)
1	Alleppey	Rowing, Kayaking & Canoeing
2	Thiruvananthapuram	Athletics, Cycling, Football, Taekwondo, Volleyball
3	Aurangabad	Archery, Athletics, Boxing, Fencing, Hockey (G), Weightlifting, Gymnastics
4	Mumbai	Athletics, Hockey (G), Kabaddi, Wrestling
5	Bengaluru	Athletics, Hockey, Judo, Volleyball, Weightlifting
6	Bhopal	Athletics, Boxing, Hockey, Judo, Wushu
7	Chandigarh	Disciplines to be decided later.
8	Dharamshala	Athletics (G), Kabaddi (G), Kho-Kho (G), Volleyball
9	Guwahati	Archery, Athletics, Boxing, Cycling, Fencing, Football, Taekwondo
10	Gandhinagar	Athletics, Badminton, Powerlifting, Swimming (Para), Handball, Kabaddi,
11	Imphal	Archery, Athletics, Cycling, Fencing, Football, Hockey, Weightlifting, Wushu,
12	Itanagar	Boxing, Weightlifting, Wushu
13	Jagatpur	Rowing, Kayaking & Canoeing
14	Kolkata	Archery Athletics Gymnastic Hockey (G) Table Tennis
15	Lucknow	Athletics Hockey Taekwondo Weightlifting, Wrestling (G)
16	Patiala	Athletics, Cycling, Fencing, Hockey (G), Judo, Taekwondo, Weightlifting
17	Rohtak	Boxing
18	Sonepat	Archery, Athletics, Hockey, Kabaddi, Wrestling
19	J.N Stadium New Delhi	Athletics (Pole Vault)
20	IG Stadium New Delhi	Cycling, Gymnastic
21	Dr S.P.M.S.P.C New Delhi	Swimming
22	M.D.C.N.S. New Delhi	Hockey
23	Dr. KSSR, New Delhi	Shooting

4. Sanctioned Strength:

Depending on infrastructure availability, medal prospects, sport's popularity, and several other factors SAI from time to time prescribes the number of athletes which can be trained in each discipline at each NCOE. Total sanctioned strength is further divided into residential and non-residential athletes and further into male and female athletes to ensure adequate representation for all genders. The current approved sanctioned strength of athletes in the NCOEs is 4,077 for residential athletes and 500 for non-residential athletes as of now. However, due to COVID-19 the working strength for the current year is **2788** trainees (**1466 Boys & 1322 Girls**).

5. Admission Criteria:

Talent Identification and Development Committees of All the discipline are empowered to select/weed out athletes from NCOEs.

6. Trained and Skilled Manpower:

i. Coaching Staff:

NCOEs are providing the best training environment and coaching to the athletes training at NCOEs. To provide best training to the athletes, apart from qualified SAI Coaches, reputed and experienced coaches are being hired or taken on deputation from other departments. Coaching division is looking after the Hiring/Selection/Transfer/ of the coaches in all the NCOEs.

ii. Scientific Staff:

In order to evaluate/support the performance of young athletes, the scientific experts in the specialised field of Sports Anthropometry, Exercise physiology, Strength & Conditioning, biomechanics, Sport Psychology, Sports Medicine, Physio-therapy etc. are being hired at each NCOEs.

iii. Administrative Staff:

To ensure smooth functioning of NCOEs, adequate administrative staff has been posted in the each NCOE.

iv. Mess Staff:

Adjacent specialised mess staffs has been engaged to look after the effective functioning of mess to provide quality food as per requirement of each athlete on a day to day basis.

7. Sports Science Facilities

As regard to scientific back up at NCOEs, the specialised equipment required for evaluating/enhancing performance of young athletes are being made available in the NCOEs. The latest scientific equipment has been/ is being procured in the NCOEs. The total cost for setting up scientific facilities across NCOEs is `80.00 Crores in the following departments are being set up in NCOEs,

1. Anthropometry
2. Biometry
3. Biomechanics
4. Nutrition
5. Performance analysis
6. Physiology
7. Physiotherapy
8. Psychology
9. Strength and Conditioning



SUMMARY AT A GLANCE
NUMBER OF SAI CENTERS
AND
STRENGTH OF ATHLETES
2020-2021



SN	Name of the Schemes	No. of Centres	(Resi.)			(Non-Resi.)			G. TOTAL
			Boys	Girls	Total	Boys	Girls	Total	
1	SAI National Centres of Excellence (NCOE)	23	1372	1255	2627	94	67	161	2788
2	SAI Training Centres (STC)	66	2665	1294	3959	368	492	860	4819
3	Ext. Centre of STC	30	0	0	0	332	210	542	542
4	NSTC	0	0	0	0	0	0	0	0
i)	Regular Schools	10	0	0	0	223	50	273	273
ii)	IGMA	10	0	0	0	76	57	133	133
iii)	Akharas	49	0	0	0	551	119	670	670
	TOTAL:	188	4037	2549	6586	1644	995	2639	9225
			BOYS		GIRLS		G. TOTAL		
			5681		3544		9225		



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Sports Authority of India