

Daily Competition Schedule for Indian Contingent at Tokyo 2020

23rd July 2021- Friday

Sport	Athlete	Event	Stage	Start Time
Archery	Deepika Kumari	Recurve Women	Ranking Round	5:30 AM
Archery	Atanu Das	Recurve Men	Ranking Round	9:30 AM
Archery	Tarundeep Rai	Recurve Men	Ranking Round	9:30 AM
Archery	Pravin Jadav	Recurve Men	Ranking Round	9:30 AM

24th July 2021- Saturday

Sport	Athlete	Event	Stage	Start
Shooting	Elavelin Valarivan Apurvi Chandela	10m Air Rifle Women	Qualification	5:00 AM
Table Tennis	Sutirtha Mukherjee	Women's Singles	Preliminary Round	5:30 AM
Archery	TBD	Mixed Team	Elimination to Final	6:00 AM
Hockey	Hockey Men Team	Hockey Men	Group Stage vs NZL	6:30 AM
Shooting	Elavelin Valarivan Apurvi Chandela	10m Air Rifle Women	Final	7:15 AM
Judo	Shushila Devi	48 KG Women	Elimination to Final	7:30 AM
Table Tennis	Achanta Sharath Kamal	Mixed Doubles	Round of 16	7:45 AM
Table Tennis	Manika Batra	Mixed Doubles	Round of 16	7:45 AM
Rowing	Arun Lal Jat/Arvind Singh	Lightweight Double Sculls	Heats	7:50 AM
Rowing	Arvind Singh	LM2X- Light Weight Mens Double Sculls	Heats	7:50 AM
Rowing	Arjun Lal Jat	LM2X- Light Weight Mens Double Sculls	Heats	7:50 AM
Boxing	Lovlina Borgohain	69kg	Prelims- Round of 32	8:00 AM
Badminton	Satwik/Chirag	Men's Doubles	Group Play Stage vs TPE	8:50 AM
Badminton	B. Sai Praneeth	Men's Single	Group Play Stage vs ISR	9:30 AM
Shooting	Saurabh Chaudhary Abhishek Verma	10m Air Pistol Men	Qualification	9:30 AM
Boxing	Vikas Krishan	69kg	Prelims- Round of 32 (Session 1 of Day)	9:54 AM
Weightlifting	Mirabai Chanu	49Kg Women	Group A	10:20 AM
Table Tennis	Manika Batra	Women's Singles	Round 1	10:45 AM
Table Tennis	Sutirtha Mukherjee	Women's Singles	Round 1	10:45 AM
Shooting	Saurabh Chaudhary Abhishek Verma	10m Air Pistol Men	Final	12:00 PM
Boxing	Vikas Krishan	69kg	Prelims- Round of 32 (Session 2 of Day)	3:21 PM
Boxing	Satish Kumar	91 Plus Kg	Preliminary Round - Round of 32	4:42 PM
Hockey	Hockey Women Team	Hockey Women	Group Stage vs NED	5:15 PM
Tennis	Sania Mirza/Ankita Raina	Women's Doubles	First Round	

25th July 2021- Sunday

Sport	Athlete	Event	Stage	Start
Shooting	Manu Bhaker Yashaswini Singh Deswal	10m Air Pistol Women	Qualification	5:30 AM
Shooting	Mairaj Ahmad Khan Angad Vir Singh Bajwa	Skeet Men	Qualification Day 1	6:00 AM
Table Tennis	Achanta Sharath Kamal	Mixed Doubles	Quarterfinals	6:30 AM
Table Tennis	Manika Batra	Mixed Doubles	Quarterfinals	6:30 AM
Rowing	Arvind Singh	LM2X- Light Weight Mens Double Sculls	Repechage	6:30 AM
Rowing	Arjun Lal Jat	LM2X- Light Weight Mens Double Sculls	Repechage	6:30 AM
Badminton	PV Sindhu	Women's Singles	Group Stage- POLIKARPOVA Ksenia (ISR)	7:10 AM
Boxing	Mary Kom	51 Kg	Prelims- Round of 32 (Session 1 of Day)	7:30 AM
Boxing	Pooja Rani	75 Kg	Prelims- Round of 32	8:33 AM
Sailing	Nethra K	Women's One Person Dinghy - Laser Radial	Race 01 & Race 02	8:35 AM
Shooting	Manu Bhaker Yashaswini Singh Deswal	10m Air Pistol Women	Final	8:45 AM
Boxing	Manish Kaushik	63 Kg	Prelims- Round of 32 (Session 1 of Day)	8:48 AM
Shooting	Divyansh Singh Panwar Deepak Kumar	10m Air Rifle Men	Qualification	9:30 AM
Table Tennis	Sathiyam Gnanasekaran	Men's Singles	Round 2 (Some matches on 26th Jul)	10:30 AM
Table Tennis	Achanta Sharath Kamal	Men's Singles	Round 2 (Some matches on 26th Jul)	10:30 AM
Table Tennis	Manika Batra	Women's Singles	Round 2 (Some matches on 26th Jul)	10:30 AM
Table Tennis	Sutirtha Mukherjee	Women's Singles	Round 2 (Some matches on 26th Jul)	10:30 AM
Sailing	Vishnu S	Men's One Person Dinghy - Laser	Race 01 & Race 02	11:05 AM
Shooting	Divyansh Singh Panwar Deepak Kumar	10m Air Rifle Men	Final	12:00 PM
Boxing	Mary Kom	52 Kg	Prelims- Round of 32 (Session 2 of Day)	1:30 PM
Boxing	Manish Kaushik	64 Kg	Prelims- Round of 32 (Session 2 of Day)	2:48 PM
Hockey	Hockey Men Team	Hockey Men	Group Stage vs AUS	3:00 PM
Swimming	Srihari Nataraj	100m Backstroke	Heats	3:30 PM
Swimming	Maana Patel	100m Backstroke	Heats	3:30 PM

Table Tennis	Achanta Sharath Kamal	Mixed Doubles	Semifinals	4:30 PM
Table Tennis	Manika Batra	Mixed Doubles	Semifinals	4:30 PM
Gymnastics	Praneeti Nayak	Artistic Gymnastics	Qualification	6.30 PM

26th July 2021- Monday

Sport	Athlete	Event	Stage	Start
Fencing	CA Bhavani Devi	Women Sabre Individual	Table of 64 (round 1) to Finals	5:30 AM
Archery	Atanu Das	Men's Team	Elimination to Final	6:00 AM
Archery	Tarundeep Rai	Men's Team	Elimination to Final	6:00 AM
Archery	Pravin Jhadav	Men's Team	Elimination to Final	6:00 AM
Badminton	Sai Praneeth	MS	Group Stage	6:30 AM
Badminton	PV Sindhu	WS	Group Stage	6:30 AM
Badminton	Satwik/Chirag	MD	Group Stage	6:30 AM
Shooting	Mairaj Ahmad Khan Angad Vir Singh Bajwa	Skeet Men	Qualification Day 2	6:30 AM
Table Tennis	Sathiyam Gnanasekaran	Men's Singles	Round 2 (Some matches on 25th Jul)	6:30 AM
Table Tennis	Achanta Sharath Kamal	Men's Singles	Round 2 (Some matches on 25th Jul)	6:30 AM
Table Tennis	Manika Batra	Women's Singles	Round 2 (Some matches on 25th Jul)	6:30 AM
Table Tennis	Sutirtha Mukherjee	Women's Singles	Round 2 (Some matches on 25th Jul)	6:30 AM
Swimming	Srihari Nataraj	100m Backstroke	Semi Final	7:00 AM
Swimming	Maana Patel	100m Backstroke	Semi Final	7:00 AM
Boxing	Amit	52 Kg	Prelims- Round of 32 (Session 1 of Day)	7:30 AM
Sailing	Vishnu S	Men's One Person Dinghy - Laser	Race 03 & Race 04	8:35 AM

Boxing	Ashish Kumar	75 Kg	Prelims- Round of 32 (Session 1 of Day)	9:06 AM
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26th July 2021- Monday

Sport	Athlete	Event	Stage	Start
Table Tennis	Sathiyam Gnanasekaran	Men's Singles	Round 3 (Some matches on 27th Jul)	11:00 AM
Table Tennis	Achanta Sharath Kamal	Men's Singles	Round 3 (Some matches on 27th Jul)	11:00 AM
Table Tennis	Manika Batra	Women's Singles	Round 3 (Some matches on 27th Jul)	11:00 AM
Table Tennis	Sutirtha Mukherjee	Women's Singles	Round 3 (Some matches on 27th Jul)	11:00 AM
Sailing	Nethra K	Women's One Person Dinghy - Laser Radial	Race 03 & Race 04	11:05 AM
Shooting	Mairaj Ahmad Khan Angad Vir Singh Bajwa	Skeet Men	Final	12:00 PM
Boxing	Amit	52 Kg	Prelims- Round of 32 (Session 2 of Day)	1:30 PM
Badminton	Sai Praneeth	MS	Group Stage	2:30 PM
Badminton	PV Sindhu	WS	Group Stage	2:30 PM
Badminton	Satwik/Chirag	MD	Group Stage	2:30 PM
Boxing	Ashish Kumar	75 Kg	Prelims- Round of 32 (Session 2 of Day)	3:06 PM
Table Tennis	Achanta Sharath Kamal	Mixed Doubles	Bronze Medal Match	4:30 PM
Table Tennis	Manika Batra	Mixed Doubles	Bronze Medal Match	4:30 PM
Table Tennis	Achanta Sharath Kamal	Mixed Doubles	Final	5:30 PM
Table Tennis	Manika Batra	Mixed Doubles	Final	5:30 PM
Hockey	Hockey Women Team	Hockey Women	Group Stage vs GER	5:45 PM
Swimming	Sajan Prakash	200m Butterfly	Heats	15:30 PM

27th July 2021- Tuesday

Sport	Athlete	Event	Stage	Start
Shooting	Saurabh Chaudhary & Manu Bhaker Abhishek Verma & Yashaswini Singh Deswal	10m Air Pistol Mixed Team	Qualification Stage 1 & 2	5:30 AM
Rowing	Arvind Singh	LM2X- Light Weight Mens Double Sculls	FINAL C	5:40 AM
Rowing	Arvind Singh	LM2X- Light Weight Mens Double Sculls	FINAL C	5:40 AM
Archery	Atanu Das	Men's Individual	Elimination (1/32 & 1/16)	6:00 AM
Archery	Tarundeep Rai	Men's Individual	Elimination (1/32 & 1/16)	6:00 AM
Archery	Pravin Jhadav	Men's Individual	Elimination (1/32 & 1/16)	6:00 AM
Archery	Deepika Kumari	Women's Individual	Elimination (1/32 & 1/16)	6:00 AM
Badminton	Sai Praneeth	MS	Group Stage	6:30 AM
Badminton	PV Sindhu	WS	Group Stage	6:30 AM
Badminton	Satwik/Chirag	MD	Group Stage	6:30 AM
Hockey	Hockey Men	Hockey Men Team	Group Stage vs ESP	6:30 AM
Table Tennis	Sathiyam Gnanasekaran	Men's Singles	Round 3 (Some matches on 26th Jul)	6:30 AM
Table Tennis	Achanta Sharath Kamal	Men's Singles	Round 3 (Some matches on 26th Jul)	6:30 AM
Table Tennis	Manika Batra	Women's Singles	Round 3 (Some matches on 26th Jul)	6:30 AM
Table Tennis	Sutirtha Mukherjee	Women's Singles	Round 3 (Some matches on 26th Jul)	6:30 AM
Swimming	Sajan Prakash	200m Butterfly	Semifinals	7:00 AM
Swimming	Srihari Nataraj	100m Backstroke Men	Final	7:00 AM
Swimming	Maana Patel	100m Backstroke Women	Final	7:00 AM
Boxing	Vikas Krishan	69 Kg	Prelims- Round of 16 (Session 1 of Day)	7:30 AM
Shooting	Saurabh Chaudhary & Manu Bhaker Abhishek Verma & Yashaswini Singh Deswal	10m Air Pistol Mixed Team	Final	7:30 AM

27th July 2021- Tuesday

Sport	Athlete	Event	Stage	Start
Rowing	Arvind Singh	Light Weight Mens Double Sculls	Semifinal A/B1&B2	7:40 AM
Rowing	Arvind Singh	Light Weight Mens Double Sculls	Semifinal A/B1&B3	7:40 AM
Sailing	Nethra K	Women's One Person Dinghy - Laser Radial	Race 05 & Race 06	8:35 AM
Boxing	Simranjit Kaur	60 Kg	Prelims- Round of 32	9:36 AM
Shooting	Divyansh Singh Panwar & Elavenil Valarivan Deepak Kumar & Anjum Moudgil	10m Air Rifle Mixed Team	Qualification Stage 1 & 2	9:45 AM
Boxing	Lovlina Borgohain	69 Kg	Prelims- Round of 16	10:09 AM
Sailing	Vishnu S	Men's One Person Dinghy - Laser	Race 05 & Race 06	11:05 AM
Sailing	Varun Thakkar & KC Ganapathy	Men's Skiff 49er	Race 01, 02, 03	11:20 AM
Shooting	Divyansh Singh Panwar & Elavenil Valarivan Deepak Kumar & Anjum Moudgil	10m Air Rifle Mixed Team	Final	11:45 AM
Table Tennis	Sathiyam Gnanasekaran	Men's Singles	Round of 16	1:00 PM
Table Tennis	Achanta Sharath Kamal	Men's Singles	Round of 16	1:00 PM
Table Tennis	Manika Batra	Women's Singles	Round of 16	1:00 PM
Table Tennis	Sutirtha Mukherjee	Women's Singles	Round of 16	1:00 PM
Boxing	Vikas Krishan	69 Kg	Prelims- Round of 16	1:30 PM
Badminton	Sai Praneeth	MS	Group Stage	2:30 PM
Badminton	PV Sindhu	WS	Group Stage	2:30 PM
Badminton	Satwik/Chirag	MD	Group Stage	2:30 PM
Boxing	Simranjit Kaur	60 Kg	Prelims- Round of 32	3:36 PM
Boxing	Lovlina Borgohain	69 Kg	Prelims- Round of 16	4:09 PM

28th July 2021- Wednesday

Sport	Athlete	Event	Stage	Start
Badminton	Sai Praneeth	Men's Singles	Group Stage	5:30 AM
Badminton	PV Sindhu	Women's Singles	Group Stage	5:30 AM
Badminton	Satwik/Chirag	Men's Doubles	Group Stage	5:30 AM
Archery	Atanu Das	Men's Individual	Elimination (1/32 & 1/16)	6:00 AM
Archery	Tarundeep Rai	Men's Individual	Elimination (1/32 & 1/16)	6:00 AM
Archery	Pravin Jhadav	Men's Individual	Elimination (1/32 & 1/16)	6:00 AM
Archery	Deepika Kumari	Women's Individual	Elimination (1/32 & 1/16)	6:00 AM
Hockey	Hockey Women Team	Hockey Women	Group Stage vs GBR	6:30 AM
Table Tennis	Sathiyam Gnanasekaran	Men's Singles	Quarterfinals	6:30 AM
Table Tennis	Achanta Sharath Kamal	Men's Singles	Quarterfinals	6:30 AM
Table Tennis	Manika Batra	Women's Singles	Quarterfinals	6:30 AM
Table Tennis	Sutirtha Mukherjee	Women's Singles	Quarterfinals	6:30 AM
Swimming	Sajan Prakash	200m Butterfly	Finals	7:00 AM
Boxing	Pooja Rani	75 Kg	Prelims- Round of 16 (1st Session of the Day)	8:00 AM
Sailing	Varun Thakkar & KC Ganapathy	Men's Skiff 49er	Race 04, 05, 06	8:35 AM
Boxing	Pooja Rani	75 Kg	Prelims- Round of 16 (2nd Session of the Day)	2:00 PM
Badminton	Sai Praneeth	Men's Singles	Group Stage	2:30 PM
Badminton	PV Sindhu	Women's Singles	Group Stage	2:30 PM
Badminton	Satwik/Chirag	Men's Doubles	Group Stage	2:30 PM

29th July 2021- Thursday

Sport	Athlete	Event	Stage	Start
Golf	Anirban Lahiri/Udayan Mane	Men's Event (Individual)	Round 1	4:00 AM
Badminton	Sai Praneeth	Men's Singles	Group Stage	5:30 AM
Badminton	PV Sindhu	Women's Singles	Group Stage	5:30 AM
Badminton	Satwik/Chirag	Men's Doubles	Group Stage	5:30 AM
Shooting	Manu Bhaker Rahi Sarnobat	25m Pistol Women	Qualification Precision	5:30 AM
Archery	Atanu Das, Tarun, Pravin	Men's Individual	Elimination (1/32 & 1/16)	6:00 AM
Archery	Deepika Kumari	Women's Individual	Elimination (1/32 & 1/16)	6:00 AM
Hockey	Hockey Men	Hockey Men Team	Group Stage vs ARG	6:00 AM
Rowing	Arvind Singh/Arun Lal Jat	LM2X- Light Weight Mens Double Sculls	FINAL A	6:20 AM
Table Tennis	Manika Batra, Sutirtha	Women's Singles	Semifinals	7:30 AM
Table Tennis	Sutirtha Mukherjee	Women's Singles	Semifinals	7:30 AM
Boxing	Ashish Kumar	75 Kg	Prelims- Round of 16 (Session 1 of Day)	7:30 AM
Boxing	Satish Kumar	91 Plus Kg	Prelims- Round of 16 (Session 1 of Day)	8:33 AM
Sailing	Vishnu S	Men's One Person Dinghy - Laser	Race 07	8:35 AM
Sailing	Nethra K	Women's One Person Dinghy - Laser Radial	Race 07	8:45 AM
Boxing	Mary Kom	51 Kg	Prelims- Round of 16 (Session 1 of Day)	9:36 AM
Table Tennis	Sathiyam Gnanasekaran	Men's Singles	Semifinals	11:30 AM
Table Tennis	Achanta Sharath Kamal	Men's Singles	Semifinals	11:30 AM
Badminton	Sai Praneeth	Men's Singles	Group Stage	1:30 PM
Badminton	PV Sindhu	Women's Singles	Group Stage	1:30 PM

Badminton	Satwik/Chirag	Men's Doubles	Group Stage	1:30 PM
Boxing	Ashish Kumar	75 Kg	Prelims- Round of 16 (Session 2 of Day)	1:30 PM
Boxing	Satish Kumar	91 Plus Kg	Prelims- Round of 16 (Session 2 of Day)	2:33 PM
Boxing	Mary Kom	51 Kg	Prelims- Round of 16 (Session 2 of Day)	3:36 PM
Gymnastics	Pranati Nayak	All Round	Final	4:20 PM
Table Tennis	Manika Batra/Sutirtha	Women's Singles	Bronze & Gold Medal Match	4:30 PM

30th July 2021- Friday

Sport	Athlete	Event	Stage	Start
Golf	Anirban Lahiri	Men's Event (Individual)	Round 2	4:00 AM
Golf	Udayan Mane	Men's Event (Individual)	Round 2	4:00 AM
Equestrian	Fouaad Mirza	Individual Eventing- Dressage	DAY 1- Session 1	5:00 AM
Badminton	Sai Praneeth	MS	Round of 16	5:30 AM
Badminton	Satwik/Chirag	MD	QF	5:30 AM
Shooting	Manu Bhaker, Rahi Sarnobat	25m Pistol Women	Qualification Rapid	5:30 AM
Athletics	Avinash Sable	Men's 3000m Steeplechase	Round 1 - Heat 1	5:30 AM
Archery	Deepika Kumari	Women's Individual	Elimination (1/8) to Finals	6:00 AM
Athletics	MP Jabir	Men's 400m Hurdles	Round 1 - Heat 1	7:25 AM
Boxing	Simranjit Kaur	60 Kg	Prelims- Round of 16 (Session 1 of Day)	7:30 AM
Athletics	Dutee Chand	Women's 100m	Round 1 - Heat 3	8:10 AM
Hockey	Hockey Women Team	Hockey Women	Group Stage vs IRL	8:15 AM
Boxing	Lovlina Borgohain	69 Kg	Quarter Final 1 & 2	8:33 AM
Sailing	Nethra K	Women's One Person Dinghy - Laser Radial	Race 09, 10	8:35 AM
Sailing	Varun Thakkar & KC Ganapathy	Men's Skiff 49er	Race 07, 08, 09	8:35 AM
Boxing	Vikas Krishan	69 Kg	Quarter Final 1 & 2	9:06 AM
Sailing	Vishnu S	Men's One Person Dinghy - Laser	Race 09	11:05 AM

Shooting	Manu Bhaker Rahi Sarnobat	25m Pistol Women	Final	11:20 AM
Badminton	Sai Praneeth	MS	Round of 16	12:00 PM
Badminton	PV Sindhu	WS	Round of 16	12:00 PM
Boxing	Simranjit Kaur	60 Kg	Prelims- Round of 16 (Session 2 of Day)	1:30 PM
Equestrian	Fouaad Mirza	Individual Eventing- Dressage	DAY 1- Session 2	2:00 PM
Boxing	Lovlina Borgohain	69 Kg	Quarter Final 3 & 4	2:33 PM
Hockey	Hockey Men	Hockey Men Team	Group Stage vs JPN	3:00 PM
Boxing	Vikas Krishan	69 Kg	Quarter Final 3 & 4	3:06 PM
Athletics	Relay Team	4 x 400m Relay Mixed	Round 1 - Heat 1	4:30 PM
Table Tennis	Sathiyam , Sharath	Men's Singles	Bronze & Gold Medal Match	4:30 PM

31st July, 2021- Saturday

Sport	Athlete	Event	Stage	Start
Golf	Anirban Lahiri	Men's Event (Individual)	Round 3	4:00 AM
Golf	Udayan Mane	Men's Event (Individual)	Round 3	4:00 AM
Equestrian	Fouaad Mirza	Individual Eventing- Dressage	DAY 2- Session 3	5:00 AM
Badminton	Satwik/Chirag	MD	Semifinals	5:30 AM
Archery	Atanu Das, Tarun, Pravin	Men's Individual	Elimination (1/8) to Finals	6:00 AM
Athletics	Kamalpreet Kaur, Seema Punia	Women's Discus Throw	Qualification - Group A	6:00 AM
Boxing	Amit	52 Kg	Prelims- Round of 16 (Session 1 of Day)	7:30 AM
Shooting	Anjum Moudgil, Tejaswini Sawant	50m Rifle 3 Positions Women	Qualification	8:30 AM
Boxing	Manish	63 Kg	Prelims- Round of 16 (Session 1 of Day)	8:33 AM
Sailing	Varun Thakkar & KC Ganapathy	Men's Skiff 49er	Race 10	8:35 AM
Hockey	Hockey Women Team	Hockey Women	Group Stage vs RSA	8:45 AM
Boxing	Pooja Rani	75 Kg	Quarter Final 1 & 2	9:36 AM
Shooting	Anjum Moudgil, Tejaswini Sawant	50m Rifle 3 Positions Women	Final	1:30 PM
Boxing	Amit	52 Kg	Prelims- Round of 16 (Session 2 of Day)	1:30 PM
Badminton	PV Sindhu	WS	Quarterfinals	2:30 PM
Boxing	Manish	63 Kg	Prelims- Round of 16 (Session 2 of Day)	2:33 PM
Boxing	Pooja Rani	75 Kg	Quarter Final 3 & 4	3:36 PM
Athletics	Sreeshankar Murali	Men's Long Jump	Qualification - Group A	3:40 PM

Athletics	Dutee Chand	Women's 100m	Semi-Final 1	3:45 PM
Athletics	Relay Team	4 x 400m Relay Mixed	Final	6:05 PM
Athletics	Dutee Chand	Women's 100m	Final	6:20 PM

1st August, 2021- Saturday

Sport	Athlete	Event	Stage	Start
Golf	Anirban Lahiri	Men's Event (Individual)	Round 4	4:00 AM
Golf	Udayan Mane	Men's Event (Individual)	Round 4	4:00 AM
Equestrian	Fouaad Mirza	Individual Eventing	Eventing- Cross Country	4:15 AM
Hockey	Hockey Men	Hockey Men Team	Quarterfinal	6:00 AM
Boxing	Mary Kom	51 Kg	Quarter Final 1 & 2	7:30 AM
Boxing	Vikas Krishan	69 Kg	Semi-Final 1	8:33 AM
Boxing	Ashish Kumar	75 Kg	Quarter Final 1 & 2	8:48 AM
Badminton	Sai Praneeth	MS	Quarterfinals	9:30 AM
Boxing	Satish Kumar	91 Plus Kg	Quarter Final 1 & 2	9:36 AM
Sailing	Vishnu S	Men's One Person Dinghy - Laser	Medal Race	11:03 AM
Sailing	Nethra K	Women's One Person Dinghy - Laser Radial	Medal Race	12:03 PM
Boxing	Mary Kom	51 Kg	Quarterfinal 3 & 4	1:30 PM
Gymnastics	Praneeti Nayak	Women's Vault	Final	2:25 PM
Boxing	Vikas Krishan	69 Kg	Semi-Final 2	2:33 PM
Boxing	Ashish Kumar	75 Kg	Quarterfinal 3 & 4	2:48 PM
Hockey	Hockey Men	Hockey Men Team	Quarterfinal	3:00 PM
Boxing	Satish Kumar	91 Plus Kg	Quarterfinal 3 & 4	3:36 PM

Gymnastics	Praneeti Nayak	Uneven Bar	Final	4:00 PM
Badminton	Satwik/Chirag	MD	Bronze medal match	5:00 PM
Badminton	PV Sindhu	WS	SF	5:00 PM
Athletics	MP Jabir	Men's 400m Hurdles	Semi-Final 1	5:35 PM

2nd August, 2021

Sport	Athlete	Event	Stage	Start
Athletics	Dutee Chand	Women's 200m	Round 1 - Heat 1	5:30 AM
Hockey	Hockey Women Team	Hockey Women	Quarterfinal	6:00 AM
Athletics	Sreeshankar Murali	Men's Long Jump	Final	6:50 AM
Shooting	Sanjeev Rajput Aishwarya Pratap Singh Tomar	50m Rifle 3 Positions Men	Qualification	8:00 AM
Badminton	Sai Praneeth	MS	SF	9:30 AM
Badminton	Satwik/Chirag	MD	Gold medal match	9:30 AM
Badminton	PV Sindhu	WS	Finals	9:30 AM
Sailing	Varun Thakkar & KC Ganapathy	Men's Skiff 49er	Medal Race	12:03 PM
Shooting	Sanjeev Rajput Aishwarya Pratap Singh Tomar	50m Rifle 3 Positions Men	Final	1:20 PM
Equestrian	Fouaad Mirza	Individual Eventing- Show Jumping	Qualifier	1:30 PM
Gymnastics	Praneeti Nayak	Women's Floor	Final	2:30 PM
Hockey	Hockey Women Team	Hockey Women	Quarterfinal	3:00 PM
Athletics	Dutee Chand	Women's 200m	Semi-Final 1	3:55 PM
Badminton	Sai Praneeth	MS	Finals	16:30
Athletics	Kamalpreet Kaur, Seema Punia	Women's Discus Throw	Final	4:30 PM

Equestrian	Fouaad Mirza	Show Jumping	FINAL	5:10 PM
Athletics	Avinash Sable	Men's 3000m Steeplechase	Final	5:45 PM

3rd August, 2021

Sport	Athlete	Event	Stage	Start
Athletics	Annu Rani	Women's Javelin Throw	Qualification - Group A	5:50 AM
Hockey	Hockey Men	Hockey Men Team	Semi Final	7:00 AM
Wrestling	Sonam Malik	62 Kg WW	1/8, QF	7:30 AM
Boxing	Amit	52 Kg	Quarter Final 1 & 2	7:30 AM
Boxing	Manish Kaushik	63 Kg	Quarter Final 1 & 2	8:18 AM
Athletics	MP Jabir	Men's 400m Hurdles Final	Finals	8:50 AM
Boxing	Simranjit Kaur	60 Kg	Quarter Final 1 & 2	9:05 AM
Boxing	Simranjit Kaur	60 Kg	Quarterfinal 3 & 4	1:30 PM
Boxing	Amit	52 Kg	Quarterfinal 3 & 4	2:00 PM
Gymnastics	Pranati Nayak	Women's Balance Beam	Final	2:18 PM
Boxing	Manish Kaushik	63 Kg	Quarterfinal 3 & 4	2:48 PM
Hockey	Hockey Men	Hockey Men Team	Semi Final	3:30 PM
Athletics	Tajindarpal Singh Toor	Men's Shot Put	Qualification - Group A	3:45 PM
Boxing	Vikas Krishan	69 Kg	Final	3:55 PM
Athletics	Dutee Chand	Women's 200m	Finals	6:20 PM

4th August, 2021- Wednesday

Sport	Athlete	Event	Stage	Start
Golf	Aditi Ashok	Women's Event (Individual)	Round 1	4:00 AM
Athletics	Neeraj Chopra, Shivpal Singh	Men's Javelin Throw	Qualification - Group A	5:25 AM
Hockey	Hockey Women Team	Hockey Women	Semi Final	7:00 AM
Wrestling	Sonam Malik	62 Kg WW	Repechage	7:30 AM
Wrestling	Ravi Kumar	57 Kg FS	1/8, QF	8:00 AM
Wrestling	Deepak Punia	86 Kg FS	1/8, QF	8:00 AM
Wrestling	Anshu Malik	57 Kg WW	1/8, QF	8:00 AM
Boxing	Mary Kom	51 Kg	Semifinal 1	10:30 AM
Boxing	Mary Kom	51 Kg	Semifinal 2	10:45 AM
Boxing	Lovlina Borgohain	69 Kg	Semifinal 1	11:00 AM
Boxing	Lovlina Borgohain	69 Kg	Semifinal 2	11:18 AM
Boxing	Satish Kumar	91 Plus Kg	Semifinal 1	11:33 AM
Boxing	Satish Kumar	91 Plus Kg	Semifinal 2	11:48 AM
Hockey	Hockey Women Team	Hockey Women	Semi Final	3:30 PM
Wrestling	Ravi Kumar	57 Kg FS	SF	14:45 PM
Wrestling	Deepak Punia	86 Kg FS	SF	14:45 PM
Wrestling	Anshu Malik	57 Kg WW	SF	14:45 PM
Wrestling	Sonam Malik	62 Kg WW	Bronze, F	14:45 PM

5th August, 2021- Thursday

Sport	Athlete	Event	Stage	Start
Golf	Aditi Ashok	Women's Event (Individual)	Round 2	4:00 AM
Hockey	Hockey Men	Hockey Men Team	Final/ Bronze Medal Match	7:00 AM
Wrestling	Ravi Kumar	57 Kg FS	Repechage	7:30 AM
Wrestling	Deepak Punia	86 Kg FS	Repechage	7:30 AM
Wrestling	Anshu Malik	57 Kg WW	Repechage	7:30 AM
Wrestling	Vinesh Phogat	53 Kg WW	1/8, QF	8:00 AM
Boxing	Simranjit Kaur	60 Kg	Semifinal 1	10:30 AM
Boxing	Simranjit Kaur	60 Kg	Semifnal 2	10:45 AM
Boxing	Amit	52 Kg	Semifinal 1	11:00 AM
Boxing	Amit	52 Kg	Semifinal 2	11:18 AM
Boxing	Ashish Kumar	75 Kg	Semifinal 1	11:33 AM
Boxing	Ashish Kumar	75 Kg	Semifinal 2	11:48 AM
Athletics	Sandeep Kumar, Rahul, K T Irfan	Men's 20km Race Walk	Final	1:00 PM
Hockey	Hockey Men	Hockey Men Team	Final/Gold Medal Match	3:30 PM
Wrestling	Vinesh Phogat	53 Kg WW	SF	14:45 PM
Wrestling	Ravi Kumar	57 Kg FS	Bronze, F	14:45 PM
Wrestling	Deepak Punia	86 Kg FS	Bronze, F	14:45 PM
Wrestling	Anshu Malik	57 Kg WW	Bronze, F	14:45 PM

6th August, 2021- Friday

Sport	Athlete	Event	Stage	Start
Athletics	Gurpreet Singh	Men's 50km Race Walk	Final	2:00 AM
Golf	Aditi Ashok	Women's Event (Individual)	Round 3	4:00 AM
Hockey	Hockey Women Team	Hockey Women	Final	7:00 AM
Wrestling	Vinesh Phogat	53 Kg WW	Repechage	7:30 AM
Wrestling	Bajrang Punia	65 Kg FS	1/8, QF	8:00 AM
Wrestling	Seema Bisla	50 Kg WW	1/8, QF	8:00 AM
Boxing	Pooja Rani	75 kg	Semifinal 1	10:30 AM
Boxing	Pooja Rani	75 kg	Semifinal 2	10:45 AM
Boxing	Manish Kaushik	63 Kg	Semifinal 1	11:02 AM
Boxing	Manish Kaushik	63 Kg	Semifinal 2	11:17 AM
Athletics	Bhawna Jat, Priyanka Goswami	Women's 20km Race Walk	Final	1:00 PM
Hockey	Hockey Women Team	Hockey Women	Bronze Medal Match	3:30 PM
Athletics	Relay Team	Men's 4 x 400m Relay	Round 1 - Heat 1	4:55 PM
Athletics	Annu Rani	Women's Javelin Throw	Final	5:20 PM
Wrestling	Bajrang Punia	65 Kg FS	SF	14:45 PM
Wrestling	Seema Bisla	50 Kg WW	SF	14:45 PM
Wrestling	Vinesh Phogat	53 Kg WW	Bronze, F	14:45 PM

7th August, 2021- Saturday

Sport	Athlete	Event	Stage	Start
Golf	Aditi Ashok	Women's Event (Individual)	Round 1	4:00 AM
Boxing	Amit	52 Kg	Final	10:30 AM
Boxing	Mary Kom	51 Kg	Final	10:45 AM
Boxing	Ashish Kumar	75 Kg	Final	11:15 AM
Boxing	Lovlina Borgohain	69 Kg	Final	11:45 AM
Athletics	Neeraj Chopra, Shivpal Singh	Men's Javelin Throw	Final	4:30 PM
Athletics	Relay Team	Men's 4 x 400m Relay	Final	6:20 PM
Wrestling	Bajrang Punia	65 Kg FS	Repechage	15:15 PM
Wrestling	Seema Bisla	50 Kg WW	Repechage	15:15 PM
Wrestling	Bajrang Punia	65 Kg FS	Bronze, F	15:15 PM
Wrestling	Seema Bisla	50 Kg WW	Bronze, F	15:15 PM

8th August, 2021- Sunday

Sport	Athlete	Event	Stage	Start
Boxing	Simranjit Kaur	60 Kg	Final	10:30 AM
Boxing	Manish Kaushik	63 Kg	Final	10:45 AM
Boxing	Pooja Rani	75 Kg	Final	11:15 AM
Boxing	Satish Kumar	91 Plus Kg	Final	11:45 AM