



**HIGH PERFORMANCE ANALYSIS CELL (HPAC)**  
**Jawaharlal New Delhi Stadium, New Delhi**  
**Hockey NCOE's Open Selection Trails – All Venues**

S.NO.	Name of the NCOE	Allocated for	Date of Selection Trials (3 Days)	Name of the TIDC Member
1	NCOE KOLKATA	WOMEN	TBC	TBC
2	NCOE SONIPAT	MEN	TBC	TBC
3	NCOE MUMBAI	WOMEN	TBC	TBC
4	NCOE PATIALA	WOMEN	TBC	TBC
5	NCOE LUCKNOW	MEN AND WOMEN BOTH	TBC	TBC
6	NCOE AURANGABAD	MEN	TBC	TBC
7	NCOE IMPHAL	MEN AND WOMEN BOTH	TBC	TBC
8	TOPS NCOE BENGALORE	MEN AND WOMEN BOTH	TBC	TBC
9	TOPS NCOE MDCNS NEW DELHI	MEN AND WOMEN BOTH	TBC	TBC
10	TOPS NCOE BHOPAL	MEN AND WOMEN BOTH	TBC	TBC

**Document Required**

**NCOE Selection criteria**

S.NO.	Document to be produced at the time of selection trials. (In original and self – attested photo copies)
1.	Educational Qualification Certificates
2.	Copy of passport (if applicable)
3.	Aadhar Card
4.	Date of Birth Certificate
5.	Voter ID
6.	Sports achievement Certificate
7.	Passport size photograph (x4)

Age Criteria	Sports Performance Criteria
Between 14 to 24 Years As on 01/01/2022	<ul style="list-style-type: none"> <li>• Represented India in recognized hockey competition</li> <li>• Medal in Hockey India National Championship</li> <li>• Participation in Hockey India National Championship</li> <li>• Participation in School Nationals</li> <li>• Participation in Khelo India Youth &amp; University games</li> <li>• All India and Inter University Competitions</li> <li>• Medal in state hockey championship</li> <li>• Participation in state hockey championship</li> </ul>

### Notifications

1. Khelo India Website
2. Hockey India Website
3. SAI Website
4. State hockey associations
5. Local Media

### Testing Schedule

Day -1
<b>Registration of athletes, (Only who met the Entry Criteria) Verification of All documents</b> <b>Application Form filling</b> <b>Submission of Application form along with all required documents</b>
<b>Fitness tests</b>
<b>VO2 Max</b>
Day – 2
<b>Skill Test and Competitive Match</b>
Day – 3
<b>Skill Test and Competitive Match</b>

S.No.		Tests
<b>Fitness Tests</b>		
1.	10 Meter and 40 Meter sprint speed test	
2.	YoYo Test	
3.	T Test for Goal Keepers	
<b>Skill Testing</b>		
1.	Passing over short and long distances	
2.	Receiving over short and long distances	
3.	Tackling and channelling	
4.	Overhead pass and receive	
5.	Drag flicks	
<b>Goal keeper skill test</b>		
1.	Semi – Circular movements for covering the angle of Goal Post	
2.	Kicking the ball for accuracy	
3.	Jump and reach	
4.	Approaching and blocking	
<b>Athletes will be involved in competitive matches and be assessed on</b>		
1.	Positioning	
2.	Skill execution	
3.	Decision making	
4.	Versatility	
5.	Active involvement	

Facilities to be provided in NCOE's		
Boarding	As per actual recommended by Nutrition Expert @ Rs. 1,20,000/year	Additional Facilities
Lodging	Rs. 10,000/	World class Coaching by Expert Panel of Coaches
Sports Kit	Rs. 20,000/	World class training infrastructure & Equipment's
Competition Exposure	Rs. 50,000/	Individually Planned Nutrition
Educational Expenditure	Rs. 10,000/	Latest Scientific support by Exercise Physiologist, Strength and Conditioning Experts, Physiotherapist, Masseurs
Miscellaneous	Rs. 5000/	Free Medical Facilities, Insurance Cover etc.

Players will be ranked according to their fitness, skills and match playing abilities using fair and objective criteria.

**Note:** In addition to the mentioned performance criteria, it may be noted that, above criteria is for appearing in **Selection Trials Only**. The final selection will be made on the basis of **Overall Merit, Availability of Seats and Age Verification Tests as per SAI guidelines**. Highest ranked players will be offered the opportunity to join one of the NCOE.

## Application Form

Passport Size Photo
---------------------------

<b>Sports/Discipline: HOCKEY</b>	<b>Playing Position:</b>
<b>Name of the Athlete:</b>	<b>State:</b>
<b>Father's Name:</b>	<b>Mother's Name:</b>
<b>Date of Birth:</b>	<b>Contact No.:</b>
<b>Current Enrolled Academy:</b>	<b>Gender:</b>
<b>Height:</b>	<b>Weight:</b>
<b>Sports Achievements (may attach as annexure):</b>	
<b>Identification Mark:</b>	<b>Blood Group:</b>
<b>Email Address:</b>	
<b>Residential Address:</b>	
<b>Aadhaar Card Number:</b>	<b>PAN Number:</b>
<b>Passport Number:</b>	<b>Passport Issue date:</b>

<b>Bank Details:</b>	
<b>Account Number</b>	
<b>Account Holder's Name</b>	
<b>IFSC</b>	
<b>Bank Name</b>	
<b>Bank Address</b>	
<b>Medium of Instruction</b>	
<b>School/College Name</b>	
<b>Class/Course</b>	
<b>School/College Address</b>	
<b>School/College Contact No.</b>	
<b>Medical History:</b>	

**Date:**

**Place:**

**Signature of Athlete**

