



POSITION DESCRIPTION
MASSEUSE
INDIAN SENIOR WOMEN'S HOCKEY TEAM

1. Position

Masseuse, Indian Senior Women's Hockey Team

2. Term of Position

The successful applicant will be engaged by Hockey India / Sports Authority of India on a contract for a period up to mid-July 2021.

3. Salary Package

An attractive salary package is available to the right candidate, dependent on experience and background.

4. Reporting

- a. CEO Hockey India
- b. Chief Coach – Indian Women Hockey Team
- c. Sports Authority of India

HOCKEY INDIA

Hockey India (HI) is the National Sports Federation for the sport of Hockey in India. Hockey India is affiliated to the International Hockey Federation, Asian Hockey Federation and Indian Olympic Association.

Hockey India has the responsibility to develop and manage the national teams programmes and works in close coordination with the Sports Authority of India (SAI) in the delivery of the national teams programmes across senior and junior hockey.

SPORTS AUTHORITY OF INDIA

The Sports Authority of India (SAI) is a body set up by the Government of India. The objectives of SAI are to promote and broad-base sports in the country and to implement

schemes/programmes for achieving excellence in sports in different disciplines at international level in order to establish India as a major sporting power.

It also act as an interface between the Ministry of Youth Affairs & Sports and other agencies concerned with the promotion/ development of sports in the country on the other hand, i.e., State Govt., U.T. Administration, IOA, National Sports Federations, Sports Control Boards, Industrial Houses, etc.

ROLE SUMMARY

Massage therapists treat athletes by using touch to manipulate the soft-tissues of the body. With their touch, therapists relieve pain, help rehabilitate injuries, improve circulation and relieve stress, increase relaxation, and aid in the general wellness of athletes.

RESPONSIBILITIES

1. KEY RESPONSIBILITIES

- Talk with athletes about symptoms, medical history, and desired results
- Evaluate athletes to locate painful or tense areas of the body
- Manipulate muscles or other soft tissues of the body
- Provide athletes with guidance on stretching, strengthening, overall relaxation, and how to improve their posture
- Document condition and progress of athletes
- Discuss with athletes & coaches about symptoms, medical history, and desired results
- Therapists talk with athletes about what they hope to achieve through massage, suggest personalized treatment plans for athletes.

2. QUALIFICATIONS AND EXPERIENCE

- Over five years of experience as a massage therapist
- Knowledge of a variety of massage therapy treatments (certification required)
- Excellent communication and customer service skills
- Professional, friendly, and positive attitude

3. MINIMUM SKILLS SET

- **Communication skills** - Massage therapists need to listen carefully to athletes in order to understand what they want to achieve through massage sessions.
- **Decision-making skills** - Massage therapists must evaluate each client's needs and recommend the best treatment on the basis of that person's needs.
- **Empathy** - Massage therapists must give athletes a positive experience, which requires building trust between therapist and client. Making athletes feel comfortable is necessary for therapists to expand their client base.

- **Physical stamina** - Massage therapists may give several treatments during a workday and have to stay on their feet throughout massage appointments.
 - **Physical strength and dexterity** - Massage therapists must be strong and able to exert pressure through a variety of movements of the arms and hands when manipulating a client's muscles
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Applications should be submitted via email and include a cover letter **addressing the Qualifications & Experience and the Minimum Skills Set outlined in the Position Description** as well as a current resume

Applications not addressing the Qualifications & Experience and Minimum Skills Set will not be considered.

Please forward your application to Hockey India by 25 May 2021.

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