

ROAD TO **TOKYO**

PARALYMPICS





सत्यमेव जयते

MINISTRY OF YOUTH AFFAIRS & SPORTS
Government of India




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MINISTRY OF YOUTH AFFAIRS AND SPORTS

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COMING TOGETHER OF TEAM INDIA

- Athlete-first is the Government's credo and India's Olympics and Paralympics campaign
- Teams of officials, both within the Government and outside, have strained every sinew in making sure that the Indian athletes stay focused on the task at hand - that of delivering the best ever showing in Tokyo
- Ministry of Youth Affairs and Sports (MYAS) backs the Paralympic Committee of India and other National Sports Federations administering Para Sports with budgets to support their Annual Calendar for Training and Competition (ACTC) for athletes.
- MYAS approves ACTC budget towards National Coaching Camps (Senior and Junior), Overseas Training Camps (Senior and Junior), Remuneration for coaches and support staff, domestic competitions (Senior and Junior), equipment and consumables, coach, referee and technical official development as well as administrative support
- MYAS extends support to individual athletes with their training and competition under the Target Olympic Podium scheme when that is not provided for in ACTC
- As many as 54 Para athletes in nine disciplines have been part of the TOPS Core group.
- Government ensured National Camps resumed in a safe and secure manner in the National Centres of Excellence after the lockdowns in the wake of Covid-19 across the country
- Vaccination programme for India's Paralympic Games-bound athletes and officials, including overseas staff, was carried out seamlessly

Some of the support being given includes but not limited to:

- Professional set-up which is athlete centric and involves potential based selection, data analysis and research, athlete planning and athlete relationship management
- Personalised coaching support
- Each reasonable request made by an athlete was met with a positive and quick response
- Top-of-the-line research support to track opponent performances
- Dedicated athlete relationship manager as a bridge between SAI and the Athlete
- Personalised sports equipment support
- The Government has supported many of our major athletes through not just out-of-pocket allowance but also to procure equipment during the pandemic

Paralympic Games

The Tokyo Paralympic Games 2020 which was originally scheduled to be held from 25th Aug – 06th Sep 2020 in Japan due to the current pandemic of COVID-19 was postponed and is now scheduled from 24th Aug – 5th Sep 2021.

To provide impetus to India's preparation for the Paralympic Games, MYAS has established a professional set-up under the Target Olympic Podium Scheme (TOPS) in Sports Authority of India. The TEAMS Division, headed by an Executive Director and a professional team comprising of research wing and athlete relationship management personnel, is in place to support para athletes. There are currently 54 para athletes who are part of the TOPS Core Group.

Discipline	No. of athletes in TOPS
Para Archery	5
Para Athletics	24
Para Badminton	7
Para Canoeing	1
Para Powerlifting	2
Para Shooting	10
Para Swimming	2
Para Table Tennis	2
Para Taekwondo	1
Total	54

India at Paralympic Games- Past & Current Status

A total of 19 Indian athletes participated in the last Paralympic Games in 2016 at Rio de Janeiro. This was the biggest ever Indian contingent, as opposed to 54 qualification slots obtained by India for Tokyo 2020.

Medal Prospects

The current Paralympic contingent of India is the strongest and largest we have ever fielded. Accordingly, we are expecting a decent number of medals from our para athletes.



Suhas Yathiraj, IAS

Badminton

#3 WORLD RANK

Achievements:

- Bronze in Team Standing SL3-SU5 at the Asian Para Games, Jakarta 2018
- Gold in Men's Singles at Asian Para Badminton Championships 2016
- 5 Gold, 4 Silver and 7 Bronze medals in other international competitions

Key Govt. Interventions:

- Foreign Exposure – more than 08 International Competitions
- National Coaching Camps with sports science support along with sports kit
- Facilitating injury rehabilitation and conduct of fitness assessment tests



Devendra Jhajharia

Athletics

#9 WORLD RANK

Achievements:

- Padma Shri Awardee in March 2012 (First Para Athlete to get the Award)
- Rajiv Gandhi Khel Ratna (2017)
- Arjuna Award recipient (2005)
- Gold Medal in Javelin Throw with a world record at Athens Paralympics, 2004
- Gold Medal in Javelin Throw with a world record at Rio Paralympics, 2016
- Gold Medal at World Athletics Championships, Lyon, France 2013
- Silver Medal in Javelin Throw at Para-Asian Games, Incheon, South Korea, 2014
- Silver Medal in Javelin Throw at IPC World Championship Doha, 2015

Key Govt. Interventions:

- Foreign Exposure being given for more than 4 International Competitions
- National Coaching Camps with sports science support along with sports kits provided



Ajeet Singh

Athletics

#3 WORLD RANK

Achievements:

- Bronze medal in World Para Athletics Championship Dubai, 2019
- Gold medal in 7th World Para Athletics Grand Prix, Beijing, China, 2019
- Gold medal in FAZZA World Para Athletics Grand Prix, Dubai, 2021

Key Govt. Interventions:

- Financial assistance provided to procure prosthesis
- Financial assistance to procure sports specific equipment
- Medical expenses paid for the whole Paralympic cycle
- Foreign Exposure being given for more than 4 International Competitions
- Arranged National Camps with Sports Science Support



Navdeep

Athletics

#1 WORLD RANK

Achievements:

- Gold medal in World Para Athletics Junior Championships U20 2019, Nottwil, Switzerland
- Gold medal in Handisport Open, Paris in 2019
- Gold medal in the 12th FAZZA Championship held in Dubai in 2021

Key Govt. Interventions:

- Foreign Exposure being given for more than 4 International Competitions
- National Coaching Camps with sports science support along with sports kit
- Special permission granted to train at JLN Stadium, Delhi



Mariyappan Thangavelu

Athletics

#5 WORLD RANK

Achievements:

- Padma Shri recipient (2017)
- Rajeev Gandhi Khel Ratna (2020)
- Arjuna Award (2017)
- Gold medal in Men's High Jump T42 at the Paralympic Games, Rio de Janeiro, Brazil
- Bronze Medal in Men's High Jump T42 at the World Para Athletics Championships, Dubai 2019
- Bronze Medal in Men's High Jump T42 at the 2018 Asian Para Games, Jakarta, Indonesia

Key Govt. Interventions:

- Foreign Exposure being given for more than 5 International Competitions
- National Coaching Camps with sports science support along with sports kit
- Employed by SAI regional centre





Praveen Kumar

Athletics

#3 WORLD RANK

Achievements:

- Won Silver Medal in Men's High Jump T44 in World Para Athletics Junior Championship, 2019, Nottwil, Switzerland
- Won Gold Medal with Asian Record in World Para Athletics FAZZA Grand Prix 2021, Dubai

Key Govt. Interventions:

- Foreign Exposure for more than 6 International Competitions
- National Coaching Camps with sports science support along with sports kit
- Financial assistance for procuring sport-specific equipment

Nishad Kumar

Athletics

#3 WORLD RANK

Achievements:

- Bronze Medal at the Para Athletics World Championships, Dubai 2019
- Gold Medal at the Fazza Para Athletics Grand Prix, Dubai 2021
- Gold Medal at the Fazza Para Athletics Grand Prix, Dubai 2019

Key Govt. Interventions:

- Foreign Exposure for more than 4 International Competitions
- National Coaching Camps with sports science support along with sports kit





Sharad Kumar

Athletics

#1 WORLD RANK

Achievements:

- Silver in World Para Athletics Championship 2019
- Silver in World Para Athletics Championship 2017
- Gold in Asian Para Games 2018
- Gold in Asian Para Games 2014
- Gold in Malaysian Open Para Athletics Championship 2012

Key Govt. Interventions:

- Foreign Exposure for more than 8 International Competitions
- National Coaching Camps with sports science support along with sports kit
- Financial assistance in training abroad (2+ years in Ukraine) and engagement of foreign coach
- Assisted in getting him back to India from Ukraine during the peak of COVID-19
- Employed by SAI

Sandeep Chaudhary

Athletics

#2 WORLD RANK

Achievements:

- Gold Medal at Asian Para Games 2018, Jakarta
- Gold Medal, World Para Athletics Championships 2019, Dubai

Key Govt. Interventions:

- Foreign Exposure – more than 8 International Competitions
- National Coaching Camps with sports science support along with sports kit





Sumit Antil

Athletics

#1 WORLD RANK

Achievements:

- Silver medal in World Para Athletics Grand Prix, Italy 2019
- Silver medal in Paris Open Handisport 2019
- Silver medal in World Para Athletics Championship, Dubai 2019

Key Govt. Interventions:

- Foreign Exposure – more than 7 International Competitions
- National Coaching Camps with sports science support along with sports kit
- Financial assistance in procurement of prosthesis and equipment

Sundar Singh Gurjar

Athletics

#6 WORLD RANK

Achievements:

- Arjuna Award (Para Athletics-2019)
- Gold medal in Javelin Throw at the 2019 Dubai Para Athletic World Championship
- Gold medal in Javelin Throw at the 2017 London Para Athletic World Championship
- Silver medal in Javelin Throw and Bronze medal in Discus Throw at the 2018 Asian Para Games, Indonesia

Key Govt. Interventions:

- Foreign Exposure – more than 7 International Competitions
- National Coaching Camps with sports science support along with sports kit
- Financial assisting in procurement of prosthesis and equipment





Varun Singh Bhati *Athletics*

#5 WORLD RANK

Achievements:

- Arjuna Award recipient (2017)
- Bronze Medal in Rio Paralympics, 2016
- Bronze Medal in World Para Athletics Championships 2017, London
- Silver Medal in Para Asian Games 2018 held in Jakarta

Key Govt. Interventions:

- Foreign Exposure – more than 4 International Competitions
- National Coaching Camps with sports science support along with sports kit

Soman Rana

Athletics

#6 WORLD RANK

Achievements:

- Gold medal in 14th Tunis World Para Athletics Grand Prix 2021
- Bronze medal in Tunis 2019 World Para Athletics Grand Prix

Key Govt. Interventions:

- Foreign Exposure – more than 3 International Competitions
- National Coaching Camps with sports science support along with sports kit





Krishna Nagar

Badminton

#2 WORLD RANK

Achievements:

- World No. 2 in Men's Singles SH6 category
- Bronze medal in the Asian Para Games 2018 in Men's SS6 category
- Bronze medal in the Singles event and Silver medal in Doubles event in the World Para Badminton championships, Basel 2019
- Silver medal in the singles event in Brazil Para Badminton Open 2020
- 2 Gold medals in Singles and Doubles events in Peru Para Badminton 2020

Key Govt. Interventions:

- Foreign Exposure – more than 6 International Competitions
- National Coaching Camps with sports science support along with sports kit
- Financial assistance in procuring equipment

Pramod Bhagat

Badminton

#1 WORLD RANK

Achievements:

- 2 Gold medals in Men's Singles and Men's Doubles events at World Para Badminton Championship, Basel 2019
- Gold and Bronze medal in the Men's Singles and Men's Doubles events at the Asian Para Games 2018
- Bronze medal at World Para Badminton Championship, Ulsan, South Korea 2017
- Bronze medal in Men's Singles event at the Asian Para Games 2014

Key Govt. Interventions:

- Foreign Exposure – more than 10 International Competitions
- National Coaching Camps with sports science support along with sports kit
- Financial assistance in procuring equipment and engagement of physio & masseur



Tarun Dhillon

Badminton

#2 WORLD RANK

Achievements:

- Gold medal in the 2013 World Championship, Germany at the age of 19
- Gold medal in Men's Singles SL4 and a Bronze medal in Doubles (SL3-SU5) event at the Asian Para Games 2018
- Silver medal in Men's Singles SL4 at Asian Para Games 2014, Incheon, South Korea
- Silver medal in Men's Singles SL4 and Men's Doubles SL3-SL4 at the BWF World Para Badminton Championship 2019 in Switzerland
- Silver medal in Men's Singles SL4 at BWF World Para Badminton Championship 2017 at Ulsan, South Korea

Key Govt. Interventions:

- Foreign Exposure – more than 10 International Competitions
- National Coaching Camps with sports science support along with sports kit
- Facilitating injury rehabilitation and conduct of fitness assessment tests



Yogesh Kathuniya

Athletics

#7 WORLD RANK

Achievements:

- Bronze medal in World Para Athletics Championship, Dubai 2019
- 2 Gold medals in 2019 Handisport Open, Paris
- Gold medal in Indian Grand Prix, Bangalore 2019

Key Govt. Interventions:

- Foreign Exposure – more than 4 International Competitions
- National Coaching Camps with sports science support along with sports kit



Manish Narwal

Shooting

#4 WORLD RANK

Achievements:

- Gold Medal with World Record in P4 and Silver in P4 Team Event in 2021 WSPS, Al Ain, UAE
- 3 Gold Medals in P1 (Individual and Team) and P4 Team and Bronze in P4 at Chateauroux 2018 World Cup, France
- Gold Medal with Para Asian Record in P1 and Silver Medal in P4 at 3rd Para Asian Games, 2018
- 3 Bronze medals in P1 and P4 (Individual and Team) at Sydney 2019 World Shooting Para Sports World Championship, Australia
- 3 Gold Medals in P1, P4 and P6 Team events and Silver medal in P1 at Osijek 2019 World Shooting Para Cup, Croatia

Key Govt. Interventions:

- Foreign Exposure – more than 12 International Competitions
- National Coaching Camps with sports science support along with sports kit and ammunition
- Financial assistance towards procurement of Air Pistol (equipment) and engagement of personal coach



Rahul Jakhar

Shooting

#2 WORLD RANK

Achievements:

- Gold Medal in P3 – Mixed 25m Pistol SH1 at Lima 2021 World Cup, Peru
- Gold Medal with World Record in P1 – 10m Air Pistol Men SH1 at Osijek 2019 World Shooting Para Sports World Cup

Key Govt. Interventions:

- Foreign Exposure – more than 5 International Competitions
- National Coaching Camps with sports science support along with sports kit and ammunition





Manoj Sarkar

Badminton

#3 WORLD RANK

Achievements:

- Silver medal (Singles category) in 2014 Asian Para Games, Incheon and Bronze medal (Singles & Doubles categories) in 2018 Asian Para Games, Jakarta
- 3 Gold medals in 2013, 2015 & 2019 (Men's Doubles), Silver medal in 2017 & 3 Bronze medals in 2015 and 2019 in Men's Singles and in 2013 in Mixed Doubles at BWF Para Badminton World Championships

Key Govt. Interventions:

- Foreign Exposure – more than 10 International Competitions
- National Coaching Camps with sports science support along with sports kit
- Financial assistance in procuring equipment and engagement of physio & masseur

Avani Lekhara

Shooting

#5 WORLD RANK

Achievements:

- Silver medal in R2 at the WSPS World Cup Al Ain 2021
- Silver medal in R2 at the WSPS World Cup in Osijek, Croatia 2019
- Silver medal with Junior World Record in R2 at the WSPS World Cup Al Ain 2017
- Bronze medal in R2 at the WSPS World Cup Bangkok 2017

Key Govt. Interventions:

- Foreign Exposure – more than 12 International Competitions
- National Coaching Camps with sports science support along with sports kit
- Financial assistance towards installation of computerised digital target for rifle shooting at home, Air Rifle, ammunition and accessories



Rubina Francis

Shooting

#5 WORLD RANK

Achievements:

- Gold Medal and World Record in P2 at Lima 2021 World Cup
- First Woman Pistol Para Shooter to be representing India at the Paralympics
- Bronze Medal with Junior World Record in P2 at 2019 WSPS World Cup, Osijek, Croatia
- Gold Medal in P2 Team Event with Junior World Record at 2018 WSPS World Cup, Bangkok, Thailand

Key Govt. Interventions:

- Foreign Exposure – more than 8 International Competitions
- National Coaching Camps with sports science support along with sports kit and ammunition & accessories
- Financial assistance towards procurement of Air Pistol (equipment)
- Provided care and assistance when the athlete became COVID Positive
- Provided camp for uninterrupted practice during COVID lockdown



Singhraj

Shooting

#4 WORLD RANK

Achievements:

- Gold medal in P4 Team and Silver in P4 Individual events in Chateauroux World Cup 2018, France
- Bronze medal in P4 event of Para Asian Games 2018 in Jakarta, Indonesia
- Gold medal in P1 team event and a Silver medal in P4 individual event at Al Ain World Cup 2019, UAE
- 2 Gold medals in P1, P4 team events and 2 Bronze medals in P4 individual and P6 Team events in Osijek World Cup 2019, Croatia
- Bronze medal in P4 team event in Sydney World Championship 2019, Australia
- Gold medal in P1, Silver in P4 team event and Bronze in P4 individual event in Al Ain World Cup 2021 held in UAE

Key Govt. Interventions:

- Foreign Exposure – more than 8 International Competitions
- National Coaching Camps with sports science support along with sports kit and ammunition
- Financial assistance towards procurement of Air Pistol (equipment) and engagement of personal coach



PARALYMPICS AT A GLANCE



LONDON 2012

10 Athletes

4 Sports

Medals: 01

- 01 Silver



RIO 2016

19 Athletes

5 Sports

Medals: 04

- 02 Gold
- 01 Silver
- 01 Bronze

TOKYO 2020

24th Aug -05th Sep
2021

54 Athletes

9 Sports



BEYOND TOKYO 2020

NATIONAL CENTRES OF EXCELLENCE

These have been upgraded, including complete sports science facilities, to help athletes prepare for 2024 and 2028 Paralympics

PATIALA



(Gymnasium, Physiotherapy Centre and Dining Hall of NCOE Patiala)

- *SAI has established 23 National Centers of Excellence across the country for focused sports-specific training of elite athletes*
- *384 Sports Science experts monitor and facilitate the training of athletes, including 97 physiotherapists*
- *Sports science equipment worth Rs. 80 crore have been sanctioned to be procured*

BENGALURU



(Dining Hall of NCOE Bengaluru)

LUCKNOW



(Gymnasium facilities, wrestling ground and sports rehabilitation centre at NCOE Lucknow)

- *To ensure diet as per requirement of every athlete, top-of-the-line chefs from the hospitality industry have been hired at all NCOEs. Nutritionists offer personalized diet charts to all elite athletes, as per their sport*
- *Hostel capacity increased from 4000 beds to 8000 beds*
- *200 ex-international athletes being hired as coaches to strengthen the sports ecosystem*
- *Coaches who are part of the system are being imparted High Performance Coach Education Programme to ensure they are at par with leading coaches of the world. 30 select coaches to be trained by a pool of 250 experts in every batch*

SONEPAT



(Facilities in SAI NRC Sonapat)

KHELO INDIA

KHELO INDIA

The Khelo India scheme with 12 verticals aims at strengthening the entire sports ecosystem to promote the twin national objectives of mass participation and excellence in Sports

- The annual sports competitions organized under the aegis of Khelo India offer a platform for talent identification and create aspirational value for athletes. So far 4 such events have been organized
- 235 Academies have been accredited for Talent Development
- In an endeavour to upgrade one existing centre in each state to world class level, 24 KISCEs (Khelo India State Centre of Excellence) have been established in 23 states/UTs
- To develop talents at grassroot level, 1000 KICs (Khelo India Centre) are to be set up with at least one in each district with a provision to engage ex-champions





Dr. SKS Marya



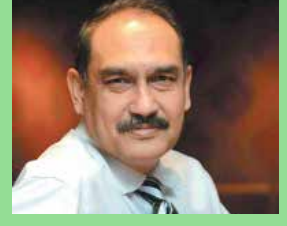
Dr. Dinshaw Pardiwala



Dr. Anant Joshi



Dr. VK Srinivas



Dr. Harsh Mahajan

CENTRAL ATHLETE INJURY MANAGEMENT SYSTEM

- A long-pending need in the Indian sports landscape, the Central Athlete Injury Management System will enable standardised, quick, appropriate and monitored response to an athlete facing an injury
- It will help athletes and coaches at all levels even with injury prevention methods while it brings together an array of experts at the regional and national levels to help an athlete secure treatment and manage rehabilitation

RAISING COACHING STANDARDS

- To strengthen the coaching ecosystem in India, Sports Authority of India has launched a High-Performance Coach Education Programme at the National Centre for Sports Coaching (NCSC), under the aegis of NSNIS Patiala
- Many former international-level players will become qualified coaches and will allow India to have a majority of home-bred coaches and a few foreign coaches as the right mix at the highest level

INSURANCE COVER FOR ATHLETES

- The Sports Authority of India will extend medical and accident insurance cover to more than 13,000 athletes, coaches and support staff from this year.
- This is in keeping with the decision of the Ministry of Youth Affairs and Sports to ensure the safety and well-being of all athletes and support staff in the wake of the COVID-19 pandemic in India

PENSION FOR FORMER INTERNATIONALS

Hundreds of former internationals draw monthly pension from the Ministry



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