SCHEME

FOR

PREPARATION OF INDIAN TEAM

FOR

COMMONWEALTH GAMES 2010

(As modified in August, 2009)
# INDEX

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Description</th>
<th>Page No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Introduction</td>
<td>1</td>
</tr>
<tr>
<td>2.</td>
<td>Commonwealth Games 2010</td>
<td>2</td>
</tr>
<tr>
<td>3.</td>
<td>Objectives</td>
<td>4</td>
</tr>
<tr>
<td>4.</td>
<td>Existing Scheme/s of the Ministry</td>
<td>5</td>
</tr>
<tr>
<td>5.</td>
<td>Gaps which need to be addressed</td>
<td>6</td>
</tr>
<tr>
<td>6.</td>
<td>Proposed Scheme</td>
<td>7</td>
</tr>
<tr>
<td>7.</td>
<td>What is to be done</td>
<td>8</td>
</tr>
<tr>
<td>8.</td>
<td>Role of the major Stakeholders</td>
<td>11</td>
</tr>
<tr>
<td>A.</td>
<td>Ministry of Youth Affairs &amp; Sports</td>
<td>11</td>
</tr>
<tr>
<td>B.</td>
<td>Sports Authority of India (SAI)</td>
<td>13</td>
</tr>
<tr>
<td>C.</td>
<td>Indian Olympic Association (IOA)</td>
<td>15</td>
</tr>
<tr>
<td>D.</td>
<td>National Sports Federations (NSFs)</td>
<td>15</td>
</tr>
<tr>
<td>E.</td>
<td>National Anti Doping Agency (NADA)</td>
<td>17</td>
</tr>
<tr>
<td>9.1</td>
<td>To Sports Authority of India</td>
<td>17</td>
</tr>
<tr>
<td>9.2</td>
<td>To National Sports Federations</td>
<td>18</td>
</tr>
<tr>
<td>9.3</td>
<td>To National Anti Doping Agency</td>
<td>19</td>
</tr>
<tr>
<td>9.4</td>
<td>To Ministry of Youth Affairs &amp; Sports</td>
<td>19</td>
</tr>
<tr>
<td>10.</td>
<td>Long Term Framework (LTF)</td>
<td>20</td>
</tr>
<tr>
<td>11.</td>
<td>Components of the Scheme</td>
<td>21</td>
</tr>
<tr>
<td>11.1</td>
<td>Comprehensive Training/Coaching to Elite Athletes abroad</td>
<td>22</td>
</tr>
</tbody>
</table>
11.2 Comprehensive Training/Coaching to Elite Athletes in India

11.3 Coaching Fee/ Salary of Coaches

11.4 Organization of International Tournaments in India

11.5 Fee/ Salary of Supporting Personnel

11.6 Memorandum of Understanding (MOU) between SAI and concerned NSF:

11.7 Sports Equipments

11.8 Infrastructure

11.9 Procurement of Sports/ Scientific/ Medical Equipment and assistance for participation of Supporting personnel.

11.10 Release of Central Grants

11.11 Conditions for release of Central Grants

12. Operation of the Scheme

13. Monitoring of the Scheme

14. Audit Mechanism

15. Relaxation clause

LIST OF ANNEXURES
**LIST OF ANNEXURES**

<table>
<thead>
<tr>
<th>ANNEXURE-I:</th>
<th>BRIEF WRITE-UP ON EACH OF THE SPORTS DISCIPLINES INCLUDED IN THE COMMONWEALTH GAMES</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Para 2.2)</td>
<td></td>
</tr>
<tr>
<td>ANNEXURE-II:</td>
<td>STATEMENT SHOWING THE TOTAL NUMBER OF MEDALS AT STAKE (DISCIPLINE-WISE) FOR COMMONWEALTH GAMES, 2010</td>
</tr>
<tr>
<td>(Para 2.6)</td>
<td></td>
</tr>
<tr>
<td>ANNEXURE-III:</td>
<td>STATEMENT SHOWING INDIA’S PERFORMANCE IN THE LAST THREE COMMONWEALTH GAMES</td>
</tr>
<tr>
<td>(Para 2.6)</td>
<td></td>
</tr>
<tr>
<td>ANNEXURE-IV:</td>
<td>STATEMENT SHOWING NUMBERS OF SPORTSPERSONS IN THE CORE GROUP VIS-À-VIS THE NUMBER OF SPORTSPERSONS WHO WILL ACTUALLY PARTICIPATE.</td>
</tr>
<tr>
<td>(Para 6.1)</td>
<td></td>
</tr>
<tr>
<td>ANNEXURE-V:</td>
<td>LIST SHOWING THE NUMBER OF CORE GROUP OF SPORTSPERSONS AND SUPPORT PERSONNEL.</td>
</tr>
<tr>
<td>(Para 7.1)</td>
<td></td>
</tr>
<tr>
<td>ANNEXURE-VI:</td>
<td>GUIDELINES FOR PREPARATION OF LONG TERM FRAMEWORK (LTF)</td>
</tr>
<tr>
<td>(Para 10)</td>
<td></td>
</tr>
<tr>
<td>ANNEXURE-VII:</td>
<td>CATEGORIZATION CRITERIA FOR SPORTS AND GAMES</td>
</tr>
<tr>
<td>(Para 11-A)</td>
<td></td>
</tr>
<tr>
<td>ANNEXURE-VIII:</td>
<td>ENTITLEMENT OF DIFFERENT CATEGORIES FOR FINANCIAL ASSISTANCE UNDER VARIOUS COMPONENTS</td>
</tr>
<tr>
<td>(Para 11-A)</td>
<td></td>
</tr>
<tr>
<td>ANNEXURE-IX:</td>
<td>COMPOSITION AND FUNCTIONS OF MONITORING COMMITTEE.</td>
</tr>
<tr>
<td>(Para 12.1)</td>
<td></td>
</tr>
<tr>
<td>ANNEXURE-X:</td>
<td>NORMS FOR SELECTION OF THE ELITE SPORTSPERSONS (MEDAL PROBABLES)</td>
</tr>
<tr>
<td>(Para 12.1)</td>
<td></td>
</tr>
<tr>
<td>ANNEXURE-XI:</td>
<td>APPLICATION FORMAT</td>
</tr>
<tr>
<td>(Para 12.3)</td>
<td></td>
</tr>
<tr>
<td>ANNEXURE-XII:</td>
<td>COMPOSITION AND FUNCTIONS OF THE STEERING COMMITTEE</td>
</tr>
<tr>
<td>(Para 13)</td>
<td></td>
</tr>
</tbody>
</table>
1. INTRODUCTION

1.1 The importance of Sports and Physical Education in the overall development of the individual is well understood and appreciated. The benefits of sports and other forms of physical activity on health are also, now, widely acknowledged. There is no better medium than sports to inculcate and foster the spirit of unity, solidarity and brotherhood among the youth of the country. Notwithstanding the beneficial effects that sports may have on youth development, community development, health and well being of the society, there can be no denying the fact that the aspect of sport, which captures the imagination of the people and is deeply rooted in public consciousness, is that of achieving sporting honors at the world stage. With the euphoric environment created by spectacular successes in Software, IT, Communication and Industry, the public gaze is shifting to sports. The nation is being urged by popular public sentiment to prove its prowess in the field of sports and secure its rightful place in the community of nations. It is being increasingly recognized that it is only sports that offers at the world stage an arena where nations can legitimately compete with each other to earn top honors and supremacy.

1.2 In this context the Commonwealth Games, 2010 to be held in Delhi presents an excellent opportunity as well as a great challenge to our sportspersons and sports administrators to achieve the highest levels of performance in these Games and emerge among the topmost in the honors to meet the expectations of the people.

1.3 The object of this Scheme is to select from among the sportspersons, who have excelled in their particular disciplines, a Core Group. This Core Group of elite sportspersons would be given the best in terms of training, exposure, scientific back up etc. to prepare them for representing the country in the CWG, 2010. The approach will be a focused one, catering to
the requirement of these elite athletes with the objective of achieving best results in the Games. The performance, improvement/progress shown by these athletes over the period of their training will also be monitored. Taking into consideration the strengths and weaknesses of Indian sportspersons in various sports, appropriately greater attention will be given to sports/disciplines where larger number of medals can be won. The Scheme will involve close cooperation and coordination between the Ministry, Indian Olympic Association (IOA), Sports Authority of India (SAI), and National Sports Federations (NSFs). It is expected that this Scheme will provide the framework and wherewithal for our sportspersons enabling them to give the most creditworthy performance in the CWG, 2010.

2. COMMONWEALTH GAMES, 2010

2.1 On a bid proposal presented by the Indian Olympic Association (IOA), the XIXth Commonwealth Games, 2010 were allotted to Delhi, India by the Commonwealth Games Federation (CGF). Held after every four years since 1930, the Commonwealth Games will now be held in Delhi from 3rd October to 14th October, 2010. The Commonwealth Youth Games which are a sub-event of the main Games will be held in Pune from 12th to 18th October, 2008. This will be for the first time that India will be hosting a mega multi disciplinary sporting event after the Asian Games, 1982. The Commonwealth Games would be taking place for only the second time in Asia, following Kuala Lumpur in 1998. The Commonwealth Games are considered the second largest international multi disciplinary sporting event after the Olympic Games. 71 countries will participate in these Games with over 8000 sportspersons.

2.2 The Commonwealth Games were, initially proposed to be held in 15 sports disciplines, but keeping in view the country’s medal prospects, 3 more disciplines namely Cue Sports, Archery and Tennis were proposed to be included. The CGF has approved inclusion of only two more disciplines i.e.
Archery and Tennis. Hence, these games will now be held in the following 17 disciplines:

1. Archery
2. Athletics
3. Aquatics
4. Badminton
5. Boxing
6. Cycling
7. Gymnastics
8. Hockey
9. Lawn Bowls
10. Net Ball
11. Rugby 7s
12. Shooting
13. Squash
14. Table Tennis
15. Tennis
16. Weightlifting
17. Wrestling

In addition to the above sports disciplines, competitions will also be held for Elite Athletes with Disability (EAD) in four disciplines viz. (i) athletics, (ii) Powerlifting (iii) Table Tennis and (iv) Swimming. The medals under this category are also included in the overall medals tally of a participating country. A brief write-up on each of the above mentioned sports disciplines, is given in Annexure-I.

2.3 The Commonwealth Youth Games will be held fro 12th to 18th October, 2008 in Pune in 9 disciplines: Athletics, Badminton, Boxing, Shooting, Swimming, Table Tennis, Tennis, Weightlifting and Wrestling.
2.4 The Commonwealth Games, 2010 present an excellent opportunity not only to showcase India’s organizational capacity to host such a major international event but also to herald the emergence of India as a significant sporting nation in the world. Performing before home crowds would boost the confidence of Indian sportspersons and inspire them to give match winning performances. Even for sports which are relatively new for our sportspersons such as Netball, Rugby 7s, home crowds expect creditable performances even though they may not necessarily lead up to medals. Needless to say that performance of countries in international competitive sporting events has become so inextricably linked to national pride that an event of this magnitude being held in the country inevitably builds up great expectations among the public from the athletes. The Commonwealth Games Delhi 2010 therefore, is an event for which our elite sportspersons have to be best prepared so that they can achieve their highest level of performance.

2.5 The total number of medals at stake in the various disciplines in the Commonwealth Games, 2010 will be 863 (277 Gold, 277 Silver and 309 Bronze), including the medals under the category EAD.

2.6 Taking into consideration, the current levels of performance of our elite sportspersons, the scope for improvement and their performance in the Manchester Commonwealth Games, 2002 and Melbourne Commonwealth Games, 2006 where India won 69 medals (Gold-30, Silver-22, Bronze-17) and 50 medals (Gold-22, Silver-17, Bronze-11) respectively, a target of winning 96-127 medals has been set for the Commonwealth Games 2010 to be held in Delhi. This should place India among top three nations in the medals tally. These have been placed at Annexure-II. A statement showing the performance of Indian Teams in the last three ‘Commonwealth Games’ is attached as Annexure-III.

3. OBJECTIVES
♦ To improve India’s competitiveness in international sports and to enhance the medals tally in major international events, particularly, the Commonwealth Youth Games, 2008 and Commonwealth Games, 2010;
♦ To institutionalize a system for preparation of elite sportspersons for prestigious international competitive events which would inter-alia, also include qualifying championships for major international events;
♦ To provide state of art training and better competitive opportunities to elite sportspersons/medal prospects; and
♦ To develop a system of selection of sportspersons based on performance monitoring in the run up to the international event.

4. EXISTING SCHEME/S OF THE MINISTRY

4.1 Under the various on-going schemes of the Ministry of Youth Affairs and Sports, financial assistance is extended for training of the sportspersons within the country and abroad, for conducting Coaching camps, for participation of sportspersons in major International Championships/events, for organizing International competitions, etc.

4.2 These schemes are designed to cater to the training/coaching requirements of sportspersons in various disciplines with the objective of improving performance in an approaching international event. In most cases foreign training capsules precede the international event so that the athletes proceed directly from the foreign training to the event. The same is true for coaching within the country where coaching camps are held just prior to a particular event and even coaches are engaged for specific events. The Government plays the role of the provider and on the basis of requests by the National Sports Federation for a particular capsule of training/coaching/foreign exposure/competitions for a set of athletes, after exercising due diligence in respect of their selection and other criteria, provides the necessary funding. In other words the schemes provide a
general framework within which National Sports Federations desirous of sending teams for coaching, training exposure (both in India and abroad), engagement of Indian and Foreign coaches can avail of Government assistance within the parameters of the Scheme.

4.3 The Schemes are not centric to a particular set of elite athletes and therefore do not cater to the overall requirements of these athletes over a medium/long term. Hence within the framework of these schemes, it may not be possible to take up in a focused manner the training and preparation of selected elite athletes/medal prospects for an event like the Commonwealth Games, 2010.

5. GAPS WHICH NEED TO BE ADDRESSED

(1) Lack of continuity in the training of athletes. Long gaps in training/coaching lead to performance levels reverting to original.

(2) Inadequate planning of calendar of training/competitions which results in lack of recovery by the athletes so that they are unable to take the desired load.

(3) Lack of dietary supplements which need to be given to athletes under the supervision of competent nutritionists and sports doctors.

(4) Inadequate support of sports specialist doctors who can coordinate with coaches and masseur/masseuse on continuous basis.

(5) Lack of advanced equipment to monitor physical fitness and performance levels of athletes.

(6) Engagement of top level foreign coaches in inadequate numbers for insufficient periods of time who can use advanced and innovative techniques.

(7) Indian coaches lack skills and techniques.

(8) Dearth of latest, world class equipment for athletes which are necessary for world class performance.
(9) Loss of valuable training time of athletes as they have to travel sometimes long distances in the country for training/competitions by train/road.

(10) Limited foreign exposure in respect of training/coaching/competition.

(11) Menace of doping which leads to disqualification of athletes and their demoralization.

(12) Insufficient infrastructure including hostels and training facilities etc. at centres of Sports Authority of India, which could simultaneously cater to the training requirements of elite athletes of all the disciplines.

(13) Inadequate, insufficient and outdated equipment training aids and scientific support arrangements at SAI Centres.

(14) Lack of monitoring system to assess the impact of training/coaching on athletes and whether the desired results are being achieved.

6. PROPOSED SCHEME

6.1 This Scheme is specifically designed to cater to the requirements of a core group of elite athletes, who will be medal probables for the Commonwealth Games, Delhi 2010. The Commonwealth Games 2010 would be held in 17 disciplines along with events for Elite Athletes with Disability (EAD). It has been envisaged under the Scheme that 3 to 4 times the number of athletes who will actually represent the country in each discipline would be taken up for comprehensive and intensive training for these Games. A statement showing the number of sportspersons in the Core Group vis-à-vis the number of sportspersons who will actually participate in the Commonwealth Games, 2010 is attached as Annexure-IV. The schedule of training, exposure, competition etc. would cover a period of 305 days in a year. The training would comprise domestic and foreign components. Foreign coaches would also be engaged wherever required. The probables will be exposed to international competitions which will form part of their annual schedule of training and exposure. Scientific support facilities in the nature of Scientific/ Medical equipments would be provided during their training in India along with the services of physical trainers, physiotherapists, masseurs, sports science experts, etc.
Psychological support through experts would be provided for sports where high levels of concentration are critical for improving performance. Appropriate food supplements would be provided for athletes of power sports and those sports which entail vigorous physical exercise. The physical infrastructure at the centers of Sports Authority of India including hostels, training facilities, equipment and scientific back up arrangements would be upgraded to provide state of art facilities to cater to the requirement of these athletes for their training/coaching in India. The Scheme will be implemented through Sports Authority of India (SAI)

6.2 A monitoring system based on monitorable parameters in respect of progressive improvement and physical fitness for each discipline would be put in place. The monitoring system would be used to evaluate the performance of each athlete from the core group and take a view in respect of his/her continuance or replacement in the core group. In this manner in the run up to the Games the athletes with the highest performance levels would be able to represent the country in the Games.

6.3 Test events will be conducted for each discipline closer to the Games. These will help familiarize the selected athletes with the newly created venues in a competition environment. It will also assist in evaluating the performance levels of the athletes.

7. WHAT IS TO BE DONE

(1) For each of the 17+1 (EAD) disciplines of the CWG, 2010, a group of elite athletes will be selected who will form the Core Group of Probables for that particular discipline. The number of this Core Group will be around 3 to 4 times the numbers of sportspersons who will actually represent the country in that discipline in the CWG 2010. A list indicating number of elite sportsperson (medal probables) in each discipline and the number of Coaches and supporting personnel is at Annexure V. These probables will be
selected with the objective of achieving highest performance level in the CWG, 2010. The selection criteria will take into consideration current performance levels, achievements at international and national level, potential for attaining medal winning performance and age criteria to assess whether the athletes can remain at their peak levels of performance by end 2010.

(2) Annual training schedules for these athletes will be drawn up which will include training (in India and abroad), high altitude training wherever required, coaching, competitions (India and abroad) to cover 305 days in a year. Continuity of training will be ensured.

(3) The best available Indian coaches would be engaged as also top level foreign coaches. Continuity of foreign coaches wherever required will be maintained.

(4) The SAI Centers identified for training of this core group of probables will be adequately strengthened in terms of accommodation, training infrastructure and facilities, sports science back up equipment, performance monitoring equipments, etc. It is intended that these centers be developed into Tier 1 centers which would have state of art facilities comparable to the best in the world.

(5) On the basis of annual calendars drawn up well in advance, reservations for the foreign training/exposure capsules can be made timely in the concerned foreign institutions. Similarly top of the line foreign coaches can be booked/hired in advance when there is a certainty in respect of their eligible remuneration and period of engagement.

(6) Indian coaches will be sent for advance level coaching abroad wherever necessary.
(7) Competent doctors with specialization in sports sciences, physiologists, physiotherapists, masseurs/masseuse, sports analysts, yoga instructors, psychologists depending upon the sports discipline would be made available to the Core Group of elite athletes of each discipline.

(8) The dietary requirements including food supplements would be provided under the supervision of experienced nutritionists/sports doctors.

(9) To keep the menace of doping in check, samples of these athletes will be taken and checked on a regular basis in these training centers. Seminars, workshops for the sportspersons, coaches and auxiliary staff will be conducted frequently to familiarize them with the rules and regulations and to educate them about the harmful effects of doping, banned substances, etc.

(10) “Complete Scientific Back up”, with the help of Doctors, psychologists, physiologist and recovery experts, on full time basis, is proposed to be introduced for each Sports Discipline, to sustain/enhance the performance of the Core Group of athletes for the Commonwealth Games, 2010.

(11) A web based monitoring system will be developed to monitor/evaluate the progress in performance levels of the selected athletes. For each discipline a set of monitoring parameters will be developed and progress of each athlete with respect to these parameters will be recorded on a regular basis. The system will link the training centers to a Central Monitoring System. This system will assist in evaluating the improvement levels of these athletes so that appropriately decisions can be taken about their continuation or exclusion from the group.

(12) In sports where qualification for premier tournaments depends upon world rankings (based on points earned from various tournaments), Challenger and other tournaments will also be organized so that Indian
players can raise their world rankings. This will give them an opportunity to play against top level players in the world so that their performance levels improve and they can compete with these players in events like Commonwealth Games.

(13) ‘Test Events’ of international level will be organized for each discipline before the Commonwealth Youth Games, 2008/ Commonwealth Games, 2010. This will not only test the newly created facilities but also enable the Indian Sportspersons to familiarize themselves with the facilities in a competition environment;

(14) Seminars, workshops, exposures for Sportspersons, Coaches, Supporting Personnel, and Officials will be organized. Publicity Campaign regarding indigenous sports, anti-doping etc. will also be conducted.

8. ROLE OF THE MAJOR STAKEHOLDERS – MINISTRY OF YOUTH AFFAIRS & SPORTS, SPORTS AUTHORITY OF INDIA, INDIAN OLYMPIC ASSOCIATION, NATIONAL SPORTS FEDERATIONS, NATIONAL ANTI DOPING AGENCY

8.1 The role and responsibility of each of the concerned agencies involved in the implementation of this Scheme commencing from the selection of elite sportspersons (medal probables) in each discipline, and training/exposure/competitions, upgradation of facilities, scientific support, etc right up to the Commonwealth Games, 2010 will be as below:

(A) MINISTRY OF YOUTH AFFAIRS AND SPORTS will

(i) Develop the framework within which the Scheme will be structured and assignment of roles to various stakeholders.

(ii) Provide support, including financial support to the other stakeholders like Sports Authority of India, Indian Olympic Association, National Sports
Federations, etc. for creation/up gradation of training and related
infrastructure, selection of the core probables, training, coaching, exposure,
scientific back up, organization of Test Events/National/International
Tournaments etc.

(iii) Lay down the necessary conditions for the Sports Authority of India,
Indian Olympic Association and the concerned National Sports Federations
etc., to comply with to ensure that the overall objectives of the scheme are
achieved. Also, to lay down conditions at the time of the release of the funds
to ensure that funds are utilized for the purpose for which they are intended.

(iv) Institute a system of regular testing of samples of these athletes with
the purpose of putting to an end the use of doping and related unhealthy
practices.

(v) Finalize the selection of the core group of athletes, coaches, support-
personnel through the duly constituted ‘Steering Committee’.

(vi) Finalize the Annual Calendar of Training and Competition of the core
group of probables through the duly constituted ‘Steering Committee’.

(vii) Monitor the progress and performance of the selected core group of
probables through a monitoring system and review the performance levels
through the ‘Steering Committee’ and the ‘Review Committee’.

(viii) Conduct Seminars, Workshops, training sessions for Athletes/
Coaches/Supporting Personnel/Officials, etc for enhancing their knowledge
levels, professional skills, code of conduct and awareness of anti doping
policy and programmes, either directly or through SAI/IOA/NSFs etc.
The Ministry will provide necessary support and assistance for the following items to the concerned agencies, in order to ensure that the LTFs, as agreed upon, are implemented in toto;

- For foreign exchange as required.
- For import of all sports equipment, as required.
- For customs duty exemption for these imports.
- Sponsorship and media campaigns e.g. production of audio-visuals and commercial T.V. sponsorship for their broadcast nationally and internationally.
- To upgrade the technical qualification and standards of tournament officials to enable them to do duty in major international tournaments.
- For training of athletes and coaches abroad.
- For holding and hosting of major international tournaments in India.
- For investments in infrastructure, sports promotion and sports sponsorship.
- Any other items approved by the Steering Committee.

(B) SPORTS AUTHORITY OF INDIA (SAI) will

(i) Assist (NSFs) in drawing up the comprehensive Annual Calendar of Training and Competition (ACTC) for the Elite Athletes well in advance.

(ii) Make all necessary arrangements at their Centers including hostel facilities, training facilities, engagement of additional staff, on contract basis for providing logistic and technical support, equipment, scientific support, etc for imparting state of art training to the Core Group of Athletes.

(iii) Engage the selected Coaches (Indian/ Foreign) and supporting personnel on the terms finalized by the Steering Committee.
(iv) Provide complete diet (as per requirement of the sportspersons) including food supplements under the supervision of experienced nutritionists/Doctors of Sports Medicine.

(v) Disburse salaries to Coaches (Indian and Foreign), Masseurs, Sports Science Doctors, other supporting personnel and maintain appropriate records of the same.

(vi) Purchase sports equipment including kits for Sportspersons, medical & scientific equipment, training aids etc. for SAI Centres required under this Scheme and maintain records of the same.

(vii) Set up a cell, to be known as ‘Commonwealth Games Cell’ which will have a Program Officer and a Program Assistant for each of the 17+1 disciplines of the Games. They will have specialized knowledge and expertise of their respective disciplines and will be appointed on contract basis. The cell will be responsible for providing all technical and other inputs, administrative support in respect of identification, training, competition schedule of core probables and also in respect of coaches and support personnel. The cell will also assist in drawing up of programs of the core group of probables and monitor their progress. It will also assist in tying up training/competition of probables in tournaments other than mandatory/qualifying competitions and make the necessary arrangement for the athletes, coaches, etc.

(viii) Provide the necessary support to conduct Seminars, Workshops, training, etc. for elite Athletes, Sports Scientists, Coaches, Supporting Personnel, Officials, etc.

(ix) Provide all necessary support/assistance, including selection of sportspersons, their training/foreign exposure, equipments etc., for the disciplines which do not have any recognized Federations in the country.
(C) **INDIAN OLYMPIC ASSOCIATION (IOA) will**

(i) Assist in the selection and monitoring the progress of the Core Group of probables coaches, supporting personnel for each discipline through its representative on the Steering Committee.

(ii) Provide the necessary technical inputs and assist in the formulation of the Annual Calendar of Training and Competitions of the Athletes.

(iii) Make necessary arrangements for participation of core group of probables in multi disciplinary events viz. Olympics, Commonwealth Games, Asian Games etc.

(iv) Provide the necessary guidance and support for the Scheme through its representative in the Steering Committee and Review Committee.

(D) **NATIONAL SPORTS FEDERATIONS (NSFs) will:**

(i) Be responsible for the selection of the national teams and the management and supervision of the preparatory/training camps preceding the mandatory tournaments for the selected national teams and also their participation in these inter-country tournaments of their respective sports disciplines for which they are recognized by the concerned International Federation.

(ii) Identify the Core Group of Probables for the Commonwealth Games which would be presented for finalization to the ‘Steering Committee’.

(iii) Draw up the Annual Calendar of Training & Competition (ACTC) for the Elite Athletes in consultation with the Sports Authority of India (SAI) which would be presented for finalization to the ‘Steering Committee’
(iv) Identify Coaches (Indian /Foreign), supporting personnel including Doctors, Physiotherapists, Psychologists, Physiologists, Sports Analyst, Masseurs/Masseuse etc., who are to be engaged for coaching etc. of the elite athletes. These would be presented to the Steering Committee for finalization.

(v) In consultation with SAI, identify the training/coaching institutes in India and abroad for training/coaching/exposure of the Core Group and negotiate with them the terms etc. for the training/coaching.

(vi) Assist SAI to import/purchase of Sports equipments/kits of International standard for the use of the Core Group of Athletes.

(vii) Submit reports to SAI to enable it to monitor the progress and performance of the Core Group of Athletes of their discipline and on the basis of their performance levels suggest their continuation or deletion from the list.

(viii) Conduct tournaments like ‘Challengers’ Trophy, for the Sports Discipline/s where qualification for premier tournaments depends upon world rankings (based on points earned from various tournaments), in order to improve the world rankings of Indian players and make them eligible for major tournaments.

(ix) Organize International Tournaments in India, for giving better exposure to Core group of sportspersons, in each discipline.

(x) Conduct ‘Test Event/s’ for their respective sports discipline in 2008-09/2009-2010/2010-11 in order to test the performance of the Core Group of Probables and identify shortcomings so that these could be addressed appropriately.
(E) NATIONAL ANTI DOPING AGENCY (NADA) will

Conduct Dope Tests, as required, on sportspersons during the entire period of training at regular intervals and before their participation in various events of the Commonwealth Games.

9. FINANCIAL ASSISTANCE

9.1 To the Sports Authority India (SAI) on fulfilling the requirements, as contained in the provisions of this Scheme/GFRs for the following:

(a) up gradation/renovation of existing SAI Centers including hostels, training facilities, salary of additional staff appointed on contract basis, at each centre for providing logistic and technical support, scientific support systems, equipments etc. to develop them into top level training facilities for world class athletes.

(b) for payment of salaries/fees of Coaches (both Indian and Foreign), supporting personnel such as physiotherapists, psychologists, sports science doctors, masseurs, sports analysts, etc. appointed by SAI with the approval of the Steering Committee.

(c) for providing comprehensive diet (as per requirement of the sportspersons) including food supplement, during the training programmes and during participation in various tournaments to be held in India and abroad.
(d) for operating the cell, to be known as ‘Commonwealth Games Cell’ which will provide administrative support to the ‘International Sports Division’ of the Ministry and other support for the Scheme.

(e) for import/purchase of Sports/Science/Medical equipments/Kits of International standard and also indigenous products, as per the requirements of the scheme.

(f) for organizing Seminars, Workshops, Trainings for Elite Athletes, Coaches, Sports Scientists, supporting personnel and officials whenever required.

(g) for training and competition schedule in India, the travel expenses, incidentals etc for the elite athletes, coaches, etc.

(h) for setting up of web based monitoring system, development of data base, monitoring by the Committees, convening of meetings on preparation of the teams for the Games, for conducting seminars, workshops, orientation programmes, media and publicity campaigns, training/exposures of associated personnel in India and abroad, etc. in relation to the preparation of the teams as well as for the conduct of the Commonwealth Games.

9.2 To the National Sports Federations:

(a) for conducting preparatory camps for the selected core probables in the national teams and their participation in the mandatory and other recognized inter-country competitions in India or abroad, allotted by the concerned international federations/bodies, as may be approved by the Ministry of Youth Affairs & Sports for the period from 2007 to 2010 (including for Commonwealth Youth Games, 2008). This would cover Entry Fees,
Registration Fees, Accommodation/per diem Charges, Training Fee, Air Passage, Incidentals, etc.

(b) for sending core probables abroad for training and participation in tournaments.

(c) for conducting ‘Test’ event/s in 2008-09/2009-2010/2010-11 in their respective sports disciplines in order to test the performance of the elite athletes.

(d) for conducting various tournaments like Challengers’ Trophy for the Sports Discipline/s where qualification for premier tournaments depends upon world rankings (based on points earned from various tournaments), in order to improve the world rankings of Indian players.

Each NSF shall give an undertaking that it shall not pass any of these costs to the players or their families. All expenses over and above the prescribed pattern shall be met by the concerned NSF from its own resources.

9.3 To the National Anti Doping Agency (NADA) for conducting Dope tests, as required, of sportspersons during their training programmes as well as before the commencement of the Commonwealth Games, 2010; and

9.4 To the Ministry of Youth Affairs and Sports for incurring expenditure on related matters like setting up of web based monitoring system, development of data base, monitoring by the Committees, convening of meetings on preparation of the teams for the Games, for conducting seminars, workshops, orientation programmes, media and publicity campaigns, training/exposures of associated personnel in India and
abroad, etc. in relation to the preparation of the teams as well as for the Commonwealth Games, 2010.

10. LONG TERM FRAMEWORK (LTF):

10.1 The LTFs are specifically designed to cater to the requirements of a core group of elite sportspersons in each discipline who will be medal probables for the Commonwealth Games, 2010. It has been envisaged under the Scheme that 3 to 4 times the number of sportspersons who will actually represent the country in each discipline would be taken up for comprehensive and intensive training for these Games. The schedule of training, exposure, competition etc. would cover a period of up to 305 days in a year. The training would comprise domestic and foreign components. Foreign coaches would also be engaged wherever required. The probables will be exposed to international competitions which will form part of their annual schedule of training and exposure. Scientific support facilities in the form of Scientific/ Medical equipments would be provided during their training in India along with the services of the Support Personnel i.e. physical trainers, physiotherapists, masseurs/masseuse, etc. Psychological support through experts would be provided for sports where high levels of concentration are critical for improving performance. Appropriate food supplements would be provided for athletes of power sports and those sports which entail vigorous physical exercise. The physical infrastructure at the Centers of Sports Authority of India including hostels, training facilities, equipment and scientific back up arrangements would be upgraded to provide state of the art facilities to cater to the requirement of these athletes for their training/coaching in India. LTF would be for a period of three years and will be rolling plan with Annual Calendar of Training & Competitions (ACTCs) and both will be reviewed annually for modification in the light of performances and other factors.

10.2 A monitoring system based on measurable parameters in respect of progressive improvement and physical fitness for each discipline would be
put in place. The monitoring system would be used to evaluate the performance of each athlete from the core group and take a view in respect of his/her continuance or replacement in the core group. In this manner in the run up to the major mandatory events, the athletes with the highest performance levels would be able to represent the country.

10.3 The LTFs will be prepared by NSFs in consultation with SAI and implemented by NSFs/SAI. The ACTCs will specify the calendar of events for the year and the respective roles and responsibilities of the SAI, NSFs and other stakeholders. Broad Guidelines for drawing of LTFs are given at Annexure-VI. SAI/NSFs may engage technical experts or professionals to provide assistance to prepare detailed plans and also to follow-up in implementation. The term of appointment of the technical experts or the professionals, as the case may be, should correspond with the plan cycle and will be approved by the Steering Committee.

11. COMPONENTS OF THE SCHEME

The scheme will provide Central Assistance in the form of grants-in-aid subject to all such conditions as stipulated under the Scheme and keeping in view the provisions of the General Financial Rules (GFRs), Delegation of Financial Power Rules (DFPRs) and such other decisions/instructions issued from time to time, by Government as applicable, for the following purpose/s:

A) Comprehensive Training and Coaching programme in India and abroad for up to 305 days in a year for the selected group of elite athletes till the Commonwealth Games, 2010 and exposure and participation in international and national events and competitions, subject to the condition that the maximum duration of foreign exposure through mandatory and other competitions as well as training/coaching abroad shall not normally exceed 75 days per year for the core elite players.
B) Development/Up gradation/Renovation of Infrastructure at SAI Centres to cater to the requirements of the elite athletes as approved by the Steering Committee.

C) Procurement of Sports/Science/Medical Equipments for equipping SAI Centres with latest state of art facilities as approved by the Steering Committee.

D) Appointment of national/foreign coaches, including scientific backup and supporting personnel, etc. as approved by the Steering Committee and

E) Organization of International Tournaments in India, for each discipline, included in the Commonwealth Games, 2010.

11.1 Comprehensive Training & Coaching Programmes of Elite Athletes abroad

11.1.1 Objective

The main aim of this component is to impart state of art training, coaching, exposure to the elite sportspersons and their participation in national and international events from 2008-2010 with the objective of achieving highest performance levels till the Commonwealth Games, 2010 so that the tally of medals can be maximized.

11.1.2 Eligibility

(i) Since the scheme is specifically targeted for enhancing the performance of athletes in the Commonwealth Games, 2010 and increasing the medals tally, assistance, under this component of the scheme, shall be provided to the Sports Authority of India, IOA and those National Sports Federations the sports disciplines of which are included in the Commonwealth
Games, 2010. The Sports disciplines not included in the Commonwealth Games, 2010 would continue to be covered under the regular schemes of the Ministry for assistance as would sports persons of Commonwealth Games, 2010 sports disciplines who are not included in the Core Group of Athletes.

(ii) **In certain cases, where senior and junior teams have to participate in International Tournaments and in the junior team there are some players who are not among the core probables, such players will be allowed to accompany the Core Probables as part of the team with the approval of the Steering Committee.**

(iii) **In case some athletes who are in the list of core probables do not require any assistance under the Scheme because they are financed by some other sponsors or have arranged finance from some other sources, additional names may be included in the list in their place for purpose of assistance under this Scheme. These sportspersons would however continue to be treated as core probables for the purpose of selection in National team.**

The IOA and these National Sports Federations must:

a) maintain basic standards, follow norms and procedures and also conform to the high principles and objectives laid down by the concerned International Federations.
b) ensure fair play in sports and fair, equitable and transparent manner in selection;
c) follow proper, democratic and healthy management practices which provide for greater accountability and transparency at all levels;
d) have proper accounting procedures at all levels and produce annual financial statements to the Ministry, as and when asked to do so;
e) present an annual report within six months of completion of the year;

11.1.3 Pattern of Assistance

FOREIGN EXPOSURE (For training and participation in International Competitions as per ACTC approved by the Steering Committee)

(a) Passage cost: (i) Excursion fare, wherever possible, in Economy class air passage by shortest route both-ways from the place of residence in India to the destination along with incidentals (as per actuals), such as airport tax, visa fee, medical insurance during passage and stay abroad, other taxes/fees of mandatory nature.

(ii) Usually, local transport abroad is provided by the organizers of the foreign competition. Only in the event of non-availability of such a facility, the Government will reimburse the actual cost of transport between airport and place of stay and between venue of competition and place of stay for all official visits on taxi/local public transport;

(iii) Excursion fare, wherever possible, in Economy class air fare will be given to the Core Group of Athletes, Coaches and Supporting personnel for attending competition/training programmes (both National and International) from their Home Town (nearest airport) to the place of competition/training, to avoid loss of time.

(iv) The Government will negotiate the best deal rates with the approved public/private travel agents by way of getting the benefit of mileage points, coupons for domestic/international travels, excursion fares on fixed routes/dates, concessional fares by different airlines, seasonal discounts etc. This will be worked out for the Ministry as well as SAI travel requirements. Only those travel agents who give excellent quality of service at the best rates will be empanelled on an annual basis.

(v) For Referees/Judges/Umpires (if mandatory) accompanying the team for International Tournaments, Excursion fare, wherever possible, in Economy class air
passage by shortest route both-ways from the place of residence in India to the destination along with incidentals (as per actuals), such as airport tax, visa fee, medical insurance during passage and stay abroad, other taxes/fees of mandatory nature and Board & Lodging etc. will be allowed with the approval of the Steering Committee.

(b) **Board and Lodging:** As per actuals for cases where the organizers make all the arrangements and the charges are mentioned in the invitation letter/prospectus. In other cases, accommodation on twin-sharing basis (including breakfast) as per actuals, subject to a ceiling of $60 per head per day. If breakfast is not included, then $15 for breakfast will also be given. Also, a daily allowance of $40 per day @ $20 each for lunch and dinner will be paid. The payment of boarding cost shall be made through a lump sum daily allowance of $55 (including breakfast) or $40 (excluding breakfast).

(c) **Extra Baggage cost:** As per prior approval of the Ministry, in the event of any exigencies, Government will reimburse Extra Baggage Cost, as per actuals, per person for carrying sports equipment etc., on production of supporting documents.

(d) **Incidental costs:** 25% of D.A. per person per day to meet the cost of incidentals, where full boarding/lodging cost is covered by the organizers during participation in International events and also for undergoing training/coaching abroad. The concerned NSF shall undertake to pay any additional amounts required to be paid for the items from (a) to (c) above or any other incidental expenditure for meeting the genuine requirements of the team or any of its members or coach/support personnel etc. NSFs will also undertake not to pass on any of these costs to the sportspersons (medal probables) or their families.
(e) **Cost of transportation and hiring of equipment**   : Cost of transportation and hiring of equipment/infrastructure locally to be paid, as per actuals, for instance ammunition in the case of Shooting etc., subject to local rules;

Cost of hiring or procurement of equipment and consumables for practice at the venue or other mandatory payment required by the organizer as per the invitation letter will also be re-imbursed, as per actuals.

11.2 **Comprehensive Training & Coaching Camps/Programmes of Elite Athletes in India** :

Financial assistance will be provided i) for organizing Coaching Camps in different SAI Centers and ii) for participation of elite sportspersons in various competitions to be organized in India which will be as under:-

(a) **Passage Cost**: Excursion fare, wherever possible, in Economy class air passage by shortest route both-ways;

(b) **Operational Costs**: SAI will get @ Rs. 250/- per head per day for boarding; and accommodation in SAI hostels for the players and in SAI guest houses for the coaches and other support personnel. SAI will determine a realistic rate on an average to cover its actual expenses on accommodation as well as all other operational costs for consumables and non-consumables, including repair and maintenance of equipment, utilities costs, and get it approved by the Steering Committee for each year. SAI will charge the same rates from other organizations such as NSFs for holding their national teams’ preparatory camps etc. Government will finance the NSFs on the same scale even if the NSFs hold such camps elsewhere.
In addition to the above, SAI will also get up to a maximum of Rs.1500 per person per day in ‘A’ class cities and Rs. 1000 in other cities, for lodging in case arrangements are made in Non-SAI centre. The rate for boarding will be the same as mentioned in para 11.2(b) above. SAI would also determine the realistic rate for use of sports facilities including transportation, electricity, water charges etc. of these Centres if necessary. These could be approved at the level of Secretary (YAS)/ Minister (YAS) on the recommendation of SAI. However, necessary arrangements even at the Non-SAI Centres would be organized by SAI and the reimbursements for board/ lodging use of facilities etc. would be made by SAI to the owners of these Centres.

(c) Sports kit: Actuals up to Rs.10,000/- per head per year will be provided to all the sportspersons and their coaches, for attending Training/Coaching Camps and participation in tournaments in India. The sports kit which is to be provided to athletes and coaches, will consist of track suit, T-shirts, shorts, jogging shoes etc. Specialized shoes and other technical equipment will not be treated as part of sports kit but will be provided as part of equipment/other Consumables to the Athletes.

A prescribed standard minimum kit/uniform which will be distinct from the Kit/Uniform of Players/Coaches, will also be provided to the supporting personnel associated with the Core Probables under the Scheme. This will include a track suit, T-shirts, shorts and jogging shoes which are uniform for all the sports. Sports specific kit will not be provided to the supporting personnel.
(d) **Food Supplements:** SAI will also be paid funds for providing dietary supplements to the Core Probables in addition to Rs.250 per person per day for boarding{ as mentioned in Para 11.2 (b)}, as per details given below:-

- **Rs. 100 per person per day as food supplement for non power games.**
- **Rs. 200 per person per day as food supplement for power games.**

(e) **Overhead Charges:** SAI will also be assisted @ Rs. 100 per day per person as ‘Overhead charges/ contingent expenses, during the period of organizing Coaching Camps.’

(f) **Medical Insurance:** The Government will also finance SAI to pay the premium towards medical insurance for the selected elite Core Probables, Coaches and Support Personnel.

11.2.1 **Sparring Partners:**

*In certain cases it may be advantageous to call some foreign players to India for a short stints at a time. These are called sparring partners. On the recommendation of the Steering Committee, they could be paid upto a maximum of USD 1500 per week in addition to Board & Lodging, Airfare (to and fro) by Economy class, Local Transport etc. for a maximum of 12 weeks in a year after prior approval of the Ministry. It should be safeguarded that their presence is ensured at the time only when it is actually required.*
11.2.2 Physical Trainer/Physical Conditioning Experts:

With the approval of Minister(YA&S), on the recommendation of the Steering Committee, foreign physical trainers/Physical Conditioning Experts can be engaged (in addition to foreign coaches) by the NSFs. An amount not exceeding $4000 per month will be admissible to such Physical Trainer/Physical/Conditioning Expert under the Scheme. The terms and conditions of their engagement would be got approved from the Minister on the recommendation of the Steering Committee. It should be safeguarded that their presence is ensured at the time only when it is actually required.

11.3 COACHING FEE/SALARY OF COACHES

11.3.1 Coaches of SAI:

(i) Rs.50,000/- per month for Chief coach which can be increased by 10% per annum from the second year of the scheme on the basis of performance, as assessed by the Steering Committee.

(ii) Rs.30,000/- per month for an Assistant coach which can be increased by 10% per annum from the second year of the scheme on the basis of performance, as assessed by the Steering Committee.

The Chief Coach and other Coaches can be appointed even at higher remuneration after obtaining the approval of the Secretary(Sports)/Minister (YA&S), on the recommendation of the Steering Committee. The concurrence of the Ministry of Finance, Department of Expenditure will also be required in this regard.

Excursion fare, wherever possible, in Economy class air passage by shortest route both-ways to both Indian and Foreign coaches in India is admissible if they travel from one
training centre to another and attend review meetings, as necessary. This will be subject to adherence to guidelines of MOF/DOP&T issued from time to time.

(iii) The appointment of the chief/assistant coaches for the elite players may be for a period of three years or till the conclusion of the Commonwealth/Asian Games in 2010. However, the terms and conditions shall include the minimum number of players that shall be trained by the coaches, the nature and measurable levels of proficiency that will be achieved by the trainees such as performance levels of the core probables, individually as well as teams, milestones to be achieved every quarter for each player, monitoring and review by experts, performance-based incentives and disincentives, as may be approved by the Steering Committee.

(iv) The number of Coaches as allotted to each Federation under the concerned sports discipline may be increased or their categories inter-changed, in specific cases, on the recommendations of the steering Committee and with the approval of the Minister(YA&S).

11.3.2 National Coaches of NSFs:

i) Each concerned National Sports Federation relating to disciplines included in Commonwealth Games, 2010 will be entitled to appoint a NATIONAL Coach. The National coach must have the following qualifications:

a) Diploma/degree from NSNIS or any foreign institute/university recognized by the Government or he/she may be an ex-Olympian, or international and engaged as a full time professional coach.
b) Minimum of 5 years coaching experience in coaching of the national teams for international competitions

ii) The selection of the National Coach will be done by a Committee, with President of the concerned NSF as its Chairman, ED(TEAMS), SAI, two senior / ex-national / international level coaches and one ex-international player (preferably an Arjuna Awardee or an international medal winner) to be nominated by the NSF as its members, from a panel prepared by the NSF. The National Coach will be appointed by NSF after careful consideration of the name after formal approval of the Steering Committee under this scheme.

iii) The National coach will be appointed for a term co terminating with Commonwealth Games 2010.

iv) A regular evaluation of National Coach/Assistant Coach will be done by the NSFs every six months on the basis of their performance in national and international championships and submitted to the ‘Steering Committee’, by the concerned NSF. Continuation of the Central grants shall be subject to acceptance of the evaluation by the Steering Committee.

v) The Government of India will reimburse a percentage of the salary of the National Coach, which shall be up to a maximum salary of Rs.50000 per month depending upon the coaching credentials, partial or full availability and experience of the person concerned. For coaches who are in regular employment or self employed in sports area, it would be mandatory to disclose details of employment, its nature and compensation package, if any and while recommending his/her appointment as National Coach it would be ensured by the Selection Committee that he/she does not have any conflict of interest. The National Coach will be accountable for overall performance of the sportspersons/teams selected by the NSF of the game.
vi) In exceptional circumstances, as approved by the Steering Committee, the Government may decide to reimburse the salary of one Assistant Coach, which shall be up to a maximum salary of Rs.30000 per month, depending upon the requirement of the sport discipline and role and contribution of the person selected. The Assistant Coach will have proper qualification and experience of coaching the national/state level teams and shall be appointed as per recommendations of the Committee constituted for selection of the National Coach. The procedure for appointment of the Assistant Coach will be the same as indicated above in respect of the National Coach.

vii) The Team of Coaches, sports science experts etc. shall not normally be changed or modified once chosen until the conclusion of the Commonwealth Games, 2010.

11.3.3 Foreign Coaches/Technical Advisers

(i) Foreign coaches or technical advisers shall also impart training/coaching or capacity building of the Indian Coaches/technical experts. Since the training of coaches/technical experts can be best done while practical training/coaching of the core elite players/teams is also underway, SAI may engage them as a part of their ‘Long Term Framework (LTF)’. Foreign coaches/experts shall be appointed by SAI for a period of one year, as per negotiated terms and conditions of employment approved by the Steering Committee. However, the terms and conditions shall include the minimum number of coaches/experts that shall be trained by the foreign coach/expert, the nature and measurable levels of proficiency that will be achieved by the trainee coaches/experts (such as passing some benchmarked exams of international standing), performance levels of the core probables, individually as well as teams, periodic milestones to be achieved for each trainee, monitoring and review
by experts, performance-based incentives and disincentives, as may be approved by the Steering Committee.

(ii) In the case of an NSF desiring to appoint a foreign coach/expert for training the national teams, such appointment shall also be subject to the same conditions as mentioned above and the approval of the Steering Committee, including the terms and conditions of engagement. Such appointments shall be for a period of one year as per negotiated terms and conditions of employment approved by the Steering Committee and further subject to reimbursement by the Government of salary up to a monetary ceiling of USD 5000 per month. However, in exceptional circumstances, the ‘Steering Committee’ may recommend for reimbursement exceeding USD 5000 per month to the “Review Committee” and on the approval of the Government only, foreign coach could be reimbursed a salary of more than USD 5000 per month.

(iii) Selection of the foreign coaches/experts will be done by the Steering Committee on the basis of their past experience, credentials etc. in relevant sports disciplines.

SAI will also be assisted for incurring expenditure (on actual basis) for selecting foreign coaches i.e. before taking a decision about engaging foreign coaches. This may involve visit of the foreign coach(to be engaged) to India, making detailed presentation by that foreign coach before SAI/Other Experts of concerned federation, stay of that foreign coach with Core Probable for a reasonable period of time to ascertain coach’s compatibility with the team. This may include, inter alia, the Air-Passage Cost (Economy Class), both for International and National trips, Board & Lodging, Incidental Costs etc. All such expenses will be met out of the Scheme.
with the approval of Minister (YA&S), on the recommendation of the Steering Committee. However, this facility can be utilized only in exceptional and deserving cases.

A cap on the total expenditure under this facility within the overall scheme allocation should also be put in consultation with the IFD of the Ministry.

11.4 Organization of International Tournaments in India:

(i) National Sports Federations will be assisted for holding of open international tournaments in India by providing (i) Boarding/Lodging/Transportation @ Rs.1500 per head per day in “X” cities viz. Hyderabad; Delhi; Bangalore; Mumbai; Chennai & Kolkata and Rs. 1000 per head per day in other cities; and actual expenditure on (ii) rent of Hall/playfield; consumable equipments including certificates and medals.

(ii) In addition to above, prize money, with the following scales of assistance will also be provided to the concerned National Sports Federation (NSF) in connection with the organization of the International Tournaments in India:

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount to be paid as ‘Prize Money’</th>
</tr>
</thead>
<tbody>
<tr>
<td>a) World Cup/World Championship or equivalent</td>
<td>Rs.1.00 Crore</td>
</tr>
<tr>
<td>b) Commonwealth/Asian Championships or equivalent</td>
<td>Rs. 0.50 Crore</td>
</tr>
</tbody>
</table>
(iii) Sanction Money to the extent of Rs. 0.50 crore (depending on the discipline/case) would also be admissible to the concerned NSF, on the recommendation of the Steering Committee.

iv) For availing assistance of prize money/sanction money events, as detailed in para ii) & (iii) above, the concerned NSF has to take prior approval of Ministry of Youth Affairs & Sports (at least three months in advance) before pitching to host any tournament. However, prize money and sanction money will not be admissible together. Also, participation by minimum of 10 countries in the World Cup/World Championship/ and of 6 countries in the Asian Championship Commonwealth Championship is necessary to become eligible for said assistance. Such proposals, after recommendations by the Steering Committee, would require approval of Minister(YA&S)

11.4.1 The concerned NSF will also be assisted for organizing Test series or Tri-angular series in India with the approval of the Steering Committee. The quantum of assistance, in this regard, will be the same, as indicated in para 11.4 above. Since Tri-angular series will involve only three countries instead of six, scale of assistance for prize money/sanction money for such tournaments will be Rs.25.00 lakhs only.

11.4.2 The request, with all required details in the prescribed proforma (as at Annexure- VII), for seeking financial assistance will
have to be submitted to the Steering Committee at least two months before the date of the Championship.

**11.5 Fee/ Salary of Supporting Personnel:**

i) Financial assistance will also be extended to SAI for making payment/s in respect of consolidated Salary or professional fees of Supporting Personnel and Officers of the Commonwealth Games Cell who will be taken on contract basis as per details given below:

<table>
<thead>
<tr>
<th>S. No.</th>
<th>Supporting Personnel</th>
<th>Salary/Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Full Time (Rs./month)</td>
</tr>
<tr>
<td>1.</td>
<td>Doctors (Sports Medicine)</td>
<td>50,000/-</td>
</tr>
<tr>
<td>2.</td>
<td>Physiotherapists</td>
<td>40,000/-</td>
</tr>
<tr>
<td>3.</td>
<td>Physiologists</td>
<td>40,000/-</td>
</tr>
<tr>
<td>4.</td>
<td>Psychologists</td>
<td>40,000/-</td>
</tr>
<tr>
<td>5.</td>
<td>Biomechanists</td>
<td>40,000/-</td>
</tr>
<tr>
<td>6.</td>
<td>Biochemists</td>
<td>40,000/-</td>
</tr>
<tr>
<td>7.</td>
<td>Sports Analysts</td>
<td>30,000/-</td>
</tr>
<tr>
<td>8.</td>
<td>Nutritionists/Dieticians</td>
<td>30,000/-</td>
</tr>
<tr>
<td>9.</td>
<td>Yoga Expert 8**</td>
<td>30,000/-</td>
</tr>
<tr>
<td>10.</td>
<td>Masseur/Masseuse</td>
<td>20,000/-</td>
</tr>
<tr>
<td>11.</td>
<td>Escorts (EAD)</td>
<td>10,000/-</td>
</tr>
<tr>
<td>12.</td>
<td>Programme Officer ( CG Cell )</td>
<td>30,000/-</td>
</tr>
<tr>
<td>13.</td>
<td>Programme Assistant ( CG Cell )</td>
<td>15,000/-</td>
</tr>
</tbody>
</table>

* The number of visits normally should not exceed thrice a week.
** Yoga Experts to be engaged as per the provisions under Rule 176/184 of General Financial Rules.

ii) The number of supporting personnel, as allotted to each Federation under the concerned sports discipline may be increased or their categories inter-changed, in specific cases, on the recommendations of the steering Committee and with the approval of the Minister(YA&S).
iii) SAI will also be asked to ensure that the services of such support personnel are shared among all the disciplines at one SAI center to ensure full utilization of their professional services.

11.6 Memorandum of Understanding (MOU) between SAI and concerned NSF:

A binding bi-partite Agreement will be signed between SAI and the concerned NSF clearly specifying the role of the two agencies, as per agreed LTF and ACTCs and specific targets in terms of performance for NSFs. The MOU will also indicate the penalty clause for not meeting the commitments or targets. The draft agreement will be finalized by SAI in consultation with NSFs and will be got approved by the Steering Committee in the Ministry. Incorporations/deletion of any provision of the MOU may be considered by the Steering Committee on the basis of feedback/experience during its implementation.

11.7 Sports Equipments

SAI will be assisted for getting required equipment, both Consumables and non-consumable, under the scheme, on a realistic basis and on the proposal received from them in the prescribed format, along with a list of equipments to be purchased, with full justification. The Steering Committee will give approval for the procurement of such equipment and prescribe financial ceilings for such procurement for each SAI center. For the Sports equipments proposed to be imported, these may be imported only from the reputed foreign manufacturers or their authorized representatives in India and they should conform to the Standards set by the concerned International Federation. For the equipments proposed to be purchased from the indigenous suppliers, these should be from the suppliers who are on DG,S&D or SAI rate contract. For proprietary and preferred equipment, SAI shall constitute procurement committees of technical and financial experts to scrutinize the tenders/quotations to assess their reasonableness and
negotiate the prices. In all cases of procurement or hiring of equipment, SAI shall follow the prescribed procedures and financial delegations as per its Memorandum of Association and financial bye-laws. Custom duty exemption on imported equipments would also be admissible. **However, SAI is also allowed to procure Consumables in certain cases such as Ammunition for Shooting and Shuttle Cocks for Badminton through the concerned NSF. SAI would, however, ensure that this is done by the concerned NSF in a transparent manner with full public & financial accountability and also in accordance with the provisions of the General Financial Rules.**

11.8 INFRASTRUCTURE

11.8.1 Objective

The main aim of this component is to facilitate creation/upgradation of Sports Infrastructure in the SAI (Sports Authority of India)’s Training Centres/Coaching camps throughout the country, in order to provide the best in terms of training facilities at par with international standards to the Core Group of Elite Sportspersons (medal probables) in order to maximize the medals tally in the Commonwealth Games, 2010.

11.8.2 Eligibility

The grant will be availed by the Sports Authority of India (SAI). SAI will have to adopt a project mode so as to ensure timely completion of the works and proper utilization and maintenance of the facilities/infrastructure created.

11.8.3 Submission of Application

(i) All the applications must be submitted to the Ministry, by the SAI with all requisite details.
(ii) Sports Authority of India (SAI) is expected to scrutinize the applications and satisfy themselves about its necessity and genuineness before forwarding the same to the Ministry. Incomplete and ineligible cases should not be sent to the Ministry.

11.8.4 Completion Certificate

After completion of the work, a Completion Certificate from concerned Engineer should be sent together with the Statement of Accounts of the total expenditure incurred. The last installment amounting to 25 per cent of the total grant sanctioned will be released after the receipt of the Completion Certificate.

11.9 Procurement of Sports/Scientific/Medical Equipment and assistance for participation of Supporting Personnel in the training of elite sportspersons. Participation in Workshops, Seminars, Training Modules, Publicity Campaigns, etc.

11.9.1 Objectives

Sports Science is a technique that studies the application of scientific principles and methods with the aim of improving sporting performance. Sports Science basically provides a support system to synthesize and apply theoretical concepts from Exercise, Physiology, Anthropometry, Biomechanics, Sports nutrition, Sports Bio-chemistry and Sports Psychology to elite sports. Sports Science is useful in various ways as given below;

i) To perform a multidisciplinary need analysis, design training programme/s in effective manner and also determine intervention techniques during different phases of training;
ii) To monitor the performance of the sportspersons/athletes and suggest further inputs based on analysis of workouts.

iii) To identify the right talent for a particular sports discipline.

iv) To assess the demands of the particular sports discipline;

11.9.2 Pattern of Assistance:

1) SUPPORTING PERSONNEL

i) For attending specialized training/course

Assistance will be provided to Coaches, Sports Specialists/Supporting Personnel/Related Officers employed by SAI on full-time basis, for undergoing specialized training abroad in subjects, for which facilities are not available inside the country. The assistance shall be provided to an individual for a period not exceeding one year. Not more than four persons will be sent for such specialized training/coaching abroad every year. The pattern of assistance shall be as per usual norms prescribed by GOI for foreign training.

ii) Holding/participation in seminars, conferences, workshops, orientation programmes and publicity campaigns etc.:

Provision shall be made for holding/participation in seminars, conferences, workshops etc. on subjects relating to achieving excellence in sports to coaches/experts/supporting personnel/officials and for their participation in the seminars/conferences and also publicity campaigns on related subjects such as popularizing indigenous sports for getting international recognition etc. Officers and other employees of GOI/SAI and elite players will be provided assistance under this component for holding/participation in such activities as per following norms:
(a) Excursion Fare, wherever possible, in Economy class air-fare from place of residence to the venue of the camp/conference, both sides;

(b) The scale of assistance, for Board & Lodging, along with incidentals (as per actuals, shall be as per usual norms prescribed by GOI for foreign training.
© Fees to be paid to the expert holding the camp on a realistic basis;

(d) Assistance for holding the seminars/workshops etc. on a realistic basis. Facility available with the Sports Authority of India should be availed for the purpose.

(b) Production of publicity related material.

iii) Participation in seminars, conferences, workshops, orientation programmes and publicity campaigns etc. abroad

Coaches/experts/supporting personnel/officials may be assisted for attending seminars/conferences/workshops etc. provided the ‘Steering Committee’ is convinced of the utility and relevance of these seminars/conferences/workshops to the current task of the coaches/supporting personnel/officials.

Assistance may be considered on the same scale as for participation of national teams abroad.

2) SCIENTIFIC BACKUP

The financial assistance will be extended to the Sports Authority of India (SAI), on receipt of proposals for procurement of scientific & medical equipment and instruments required at SAI Centres for setting up state of art scientific and medical back up facilities.
11.10 Release of Central Grants

11.10.1 All the funds shall be released directly to the SAI through the office of the Pay & Accounts Office in the form of grants-in-aid by the Ministry of Youth Affairs & Sports in one or more installments as decided by the Government from time to time. In the case of NSFs, the grant may be released directly to the concerned Federation for certain activities such as conduct of tournaments and national coaching camps outside SAI. In other cases, the grant may be released through public sector travel agents or SAI as per the MOU, or directly to the players for participation in foreign training/exposure visits or in the event of the NSF becoming ineligible to receive grants from Government.

11.10.2 Release of the Central grant for purchase of sports equipments in first instance, will be made, not exceeding 75% of the total grant sanctioned, as first installment to the grantee. The actual release, however, shall be made only on receiving a pre-stamped receipt (PSR) as per prescribed proforma-complete in all respects from the grantee. The rest of the sanctioned amount shall be released only after receiving utilization certificate and expenditure statement/audited statement of accounts from the grantee organization and only after the sanctioning authority is convinced beyond any doubt, that the grantee did actually incur the expenditure as per the terms and conditions mentioned in the sanction letter.

11.10.3 The second and subsequent installments in other cases shall be released only after a thorough review of the performance of the core probables, coaches/experts, progress of grounding infrastructure and equipment etc. and their proper maintenance and operation. Further, the grantee shall have to comply with the usual conditions of submitting in the prescribed format the Audited Accounts, the Utilization Certificate (UC) and other documents, as mentioned in the sanction letter, in respect of the previous installment of assistance. The UC should also disclose whether the
specified, quantified and qualitative targets that should have been reached against the amount utilized were in fact reached and if not, the reasons therefor. The Utilization Certificate should be counter-signed by a competent authority not below the rank of Deputy Secretary and it must show the total expenditure, as also the investment of other agencies and sponsors, if any. The Progress Report should indicate, inter-alia, the items of work completed, partly compete/incomplete and the anticipated expenditure likely to be incurred on the completion of all the incomplete items of work.

11.11 **Conditions for release of Central Grants**

11.11.1 The Govt. Organization to whom the central grant is sanctioned/to be sanctioned is referred to as “grantee organization” and the office bearer to whom the grant is released/to be released is referred to as “grantee” in the following paragraphs.

11.11.2 The accounts of the Sports equipments purchased out of the Grants released to the Grantee, shall be maintained properly and separately and submitted as and when required. They shall always be open to check by an officer deputed by the Government of India and also for audit by the Comptroller and Auditor General of India at his discretion.

11.11.3 The grantee shall maintain a record of all assets acquired wholly or substantially out of Government grant and maintain a register of such assets in the prescribed proforma. Such assets shall not be disposed off, encumbered or utilized for purposes other than for which the grant was given, without prior sanction of the Government of India. Should the agency cease to exist at any time, such properties shall revert to the Government of India.
11.11.4 When the Government of India have reasons to believe that the sanctioned grant is not being utilized for the approved purpose the payment of grant may be stopped and the earlier grants recovered.

11.11.5 Any unutilized amount, out of the total grants sanctioned/released in a particular year, at the end of the financial year, has to be refunded to the Government or permission to carry forward the amount to the next financial year may be sought by the grantee, to utilize the amount in next financial year, otherwise penal interest, as applicable, shall be charged from the grants, as per the provisions of the General Financial Rules.

11.11.6 It shall be binding on the grantee organization and the grantee to abide by all the terms and conditions mentioned in the sanction letter and the decision of the Secretary to the Government of India in the Ministry of Youth Affairs and Sports on the question as to whether there has been any breach or violation of any of the terms and conditions mentioned in the sanction letter shall be final and binding on the grantee.

11.11.7 The grantee organization (in case of an NSF/NGO) shall be required to execute a bond on a prescribed proforma before grants are released for the purpose. The accounts of the Training Modules/Seminars/Workshops etc. conducted under the Scheme shall be maintained properly and separately and submitted as and when required. They shall always be open to check by an officer deputed by the Government of India and also for audit by the Comptroller and Auditor General of India at his discretion.

11.11.8 Sanction of the Central grant for a particular Training Module/Seminars/Workshop etc at first instance, will be made, not exceeding 75% of the total grant sanctioned, as first installment to the grantee. The actual release, however, shall be made only on receiving a surety bond and a pre-
stamped receipt (PSR) as per prescribed proforma-complete in all respects from the grantee. The rest of the sanctioned amount shall be released only after receiving utilization certificate and audited statement of accounts from the grantee organization and only after the sanctioning authority is convinced beyond any doubt, that the grantee did actually incur the expenditure as per the terms and conditions mentioned in the sanction letter.

11.11.9 The grantee organization shall furnish to the Ministry of Youth Affairs and Sports, performance report/s as may be prescribed or required from time to time, indicating both the physical and financial achievements within three months after completion of the Training Module/Workshop/Seminar etc.

11.11.10 Any unutilized amount, out of the total grants sanctioned/released in a particular year, at the end of the financial year, has to be refunded to the Government within one month of the conclusion of the event for which the grant was given, otherwise penal interest, as applicable, shall be charged from the grantees, as per the provisions of the General Financial Rules.

11.11.11 Manager and Coach accompanying the team, for participation/training in National/International Tournaments, will submit a ‘Performance Report’ to SAI and MYAS soon after the completion of the Tournaments. The release of subsequent installment of grant will be subject to the submission of this report.

11.11.12 Apart from individual responsibility of the player, Coach as well as Manager will be responsible for the conduct of the player during the entire period of competition and this will form part of the report.

11.11.13 The cost of the visit of the manager will be admissible only for women teams provided the proposed person has been engaged with
federation as manager on regular basis for a minimum period of last one year.

12. OPERATION OF THE SCHEME

12.1 The Implementation of the Scheme will start with the selection of the Core Group of probables for each discipline of the Commonwealth Games. The concerned NSFs, in consultation with SAI, identify the Core Group of probables on the basis of the norms indicated (at Annexure-VIII) in the Scheme and alongwith the profile of each sportsperson and the basis of identification, submit these to the Steering Committee constituted under the Scheme for approval. The composition and functions of the Steering Committee are given at Annexure-IX. A similar procedure will be followed for the identification and selection of Coaches (both Indian and Foreign) and other support personnel for each discipline.

12.2 The Annual Calendar of Training & Competitions (ACTC), on Financial Year basis, with complete details of training, coaching, exposure of these elite sportspersons and their participation in the major International Events etc. will be submitted before 31st December of the previous year, on a one year cycle basis, as per the provisions of the Scheme. This schedule may cover a period of up to 305 days in the year, of which the component for foreign training/competitions etc. shall not exceed 75 days in a year. The Annual Calendar so received from the NSFs after due consultations with the SAI for each sports discipline will be put up for consideration and approval of the Steering Committee.

12.3 The Steering Committee in its meetings in the first quarter of the calendar year will approve the Calendar on the basis of the provisions of the Scheme, on one year cycle basis (Financial Year). The Committee shall approve an ACTC as well as specify the implementing agencies for each activity included in the ACTC. However, financial assistance will be released
to the implementing agencies like National Sports Federations, SAI etc. on receipt of individual proposals in the prescribed format/s (as at Annexure-X) on actual need basis. These proposals will be processed in the International Sports Division of the Ministry on the basis of approved Calendar and approved list of Core Group of Athletes and selected coaches and supporting personnel and placed before the Steering Committee for sanction of financial assistance.

12.4 SAI/IOA and concerned NSFs have to submit the proposals at least 30 days in advance of the proposed Training Modules/Event/ Tournament/ Competition, for processing in the Ministry (International Sports Division).

12.5 In the case of Sports Authority of India the financial assistance for creation/upgradation of infrastructure, purchase of equipment, etc and for conducting coaching camps etc will be released after processing the application for the same in accordance with the provisions of the Scheme.

12.6 In exceptional circumstances the Chairman of the Steering Committee may take some decisions which Steering Committee is empowered to take and get them ratified in next meeting of the Steering Committee.

13. MONITORING OF THE SCHEME

13.1 The preparation and progress of the Core Group of elite sports persons (medal probables), performance of Coaches (Indian & Foreign) and supporting personnel will be monitored by the Steering Committee. The Steering Committee will meet once every month to evaluate the progress under each sports discipline of the Commonwealth Games, 2010 and recommend to the Review Committee remedial measures wherever required. The Commonwealth Games Cell in SAI will prepare the performance record of each sportsperson against the monitoring parameters in consultation with the NSFs. The SAI will present these to the Steering
Committee for their consideration. The Committee after due consideration may recommend to the ‘Review Committee’ to take remedial measures which could include exclusion of poorly performing athletes and coaches etc. from the Core Group and substitution/inclusion of new ones. Composition and functions of the ‘Review Committee’ are given in Annexure XI.

13.2 **For monitoring and concurrent evaluation of the Scheme and for visiting the coaching camps of the Core Group of Probables, some experts like ex-sportsman of repute or scientific/technical personnel can be engaged for reporting progress as well as providing technical/expert advice, with the approval of the Steering Committee. An Action Plan will be prepared by the Steering Committee in this regard. An amount not exceeding Rs.2000/- per day per person plus air fare (Economy class), board and lodging etc. will be allowed for visiting these Centres for a few days at a time.**

14. **AUDIT MECHANISM**

In addition to the existing provisions of the Scheme and that of the General Financial Rules (GFRs), the Ministry will have the right to conduct special audit of the accounts of the grantees, through the office of the Comptroller & Auditor General of India when there is a reasonable apprehension of serious financial irregularity or misappropriation etc. of the Government funds.

15. **RELAXATION CLAUSE**

Since the Scheme is specifically oriented for enhancing the medals’ tally and improving performance in the Commonwealth Games, 2010, assistance under the scheme may be released to all the concerned agencies i.e. to SAI, National Sports Federations etc., irrespective of their categorization and entitlements under regular schemes of the Ministry of Youth Affairs & Sports.

*****
Annexure-I
( Para 2.2 )

BRIEF WRITE-UP ON EACH OF THE SPORTS DISCIPLINES INCLUDED IN THE COMMONWEALTH GAMES 2010

1. Archery: This sport has been introduced for the first time in Commonwealth Games 2010 and will have two sub categories viz. Compound and Recurve. There will be 24 (8 Gold, 8 Silver and 8 Bronze) medals at stake (12 each under Compound and Recurve). Maximum number of entries per country will be restricted to 16 (8 Men and 8 Women) and the maximum number of medals a country could win is 12. Indian Archers have been performing well in the recent years and Women Team (Recurve) has also qualified for Beijing Olympic Games 2008. India can win 4 medals in CWG 2010 provided the Archers are trained intensively and on regular basis with adequate foreign exposure and scientific support. For achieving this target, 24 Men and 24 Women will be selected and will be trained under the supervision of 12 coaches including 2 foreign coaches over the next three years at SAI Centers/ Centers identified by the NSF.

2. Aquatics: There will be 162 medals at stake in this sport during Commonwealth Games 2010. A country can field entries in all the events. However, a country can win only a maximum of 150 medals. The performance of Indian swimmers has been quite dismal in Commonwealth Games and only two swimmers could reach the last 8 during CWG 2006 at Melbourne. As such, there is an immediate need for comprehensive efforts for this discipline to put up a creditable performance and win a few medals during the forthcoming CWG in Delhi. A modest target of 4 medals has been kept for CWG 2010. For achieving this target, 30 Men and 30 Women swimmers will be identified and imparted training under the supervision of 10 coaches including 2 foreign coaches in India and abroad in SAI centers / centre identified by the NSF.

3. Athletics: The competition level in these disciplines is extremely high since all the countries participate in these events. Indian Athletes could win only 2 Silver medals each during CWG 2002 at Manchester and CWG 2006 at Melbourne. There exists a potential in our athletes to perform much better
provided a rigorous training schedule developed on scientific lines and coupled with requisite foreign exposure is made available to them. There will be 141 medals at stake. The maximum number of entries per country is restricted to 102. The maximum number of medals that a country can win is 90. A target has been set to win 10 medals during CWG 2010. In order to achieve this target a comprehensive training programme under eminent coaches/experts has been drawn up in consultation with concerned NSF. Being host country, Indian Athletes can participate in all the 102 events. For achieving the target of 10 medals, 78 Men and 72 Women athletes will be trained under the supervision of 30 coaches including 10 foreign coaches, on continuous basis at SAI centers and other centers identified by NSF. These centers will have requisite facilities to conduct National Coaching Camps. Sufficient foreign exposure will also be part of the training programme which has been envisaged.

4. **Badminton**: There will be 18 medals at stake in CWG 2010 and the maximum number of entries per country has been restricted to 10. The number of medals that a country could win will be 11. Indian Shuttlers had won 2 Bronze medals during CWG 2006. A target has been set to win 4 medals during CWG 2010. For achieving this target, 16 Men and 16 Women will be trained by 8 coaches including 2 foreign coaches on a continuous basis which will be duly supported by complete sports science backup and supporting personnel.

5. **Boxing**: The total number of medals at stake in this discipline during CWG 2010 will be 44 (11 Gold, 11 Silver and 22 Bronze). The maximum number of entries per country has been restricted to 11 and hence the maximum number of medals that a country could win will be 11. India had won 5 medals during CWG 2006 at Melbourne (1 Gold, 2 Silver and 2 Bronze) and is targeting to win 8 medals during CWG 2010. This being a contact sport (the possibilities of injuries being high) 4 boxers for each entry i.e. a total of 44 boxers against maximum entries of 11 would be identified for training. These 44 boxers will be trained on continuous basis at SAI centers/ centers identified by NSF under the supervision of 6 coaches including 1 foreign coach. These centers would have the necessary and requisite modern facilities.
6. Cycling: There will be 54 medals at stake during CWG 2010 and a country could win up to 31 medals. Though India has never won any medal in cycling during CWG so far, a realistic target of 2 medals has been set for CWG 2010. For achieving this, 33 Men and 22 Women will be selected and trained under the supervision of 4 Indian and 2 foreign coaches till the Games. Training will be conducted at SAI centers/centers identified by NSF.

7. Gymnastics: This discipline offers the third largest number of medals at stake i.e. 60, after Athletics and Swimming. A country could win a maximum of 40 medals and the entries are restricted to 15 per country. India has never won any medal during CWG so far and the best performance being 5th position during CWG 2006. India has chances of performing well in Artistic and Rhythmic Gymnastic and a target of 3-5 medals has been set for the CWG 2010. For achieving this target, 50 probables will be identified and imparted intensive training by 10 coaches including 2 foreign coaches at SAI centers/centers identified by NSF.

8. Hockey (Men & Women): One medal each in Men and Women’s hockey will be at stake and India has targeted a medal each in Men as well as in Women Hockey. Indian Women’s Hockey team had won a silver medal during CWG 2006. For achieving this target, 36 probables each for Men and Women teams will be imparted rigorous training by 12 coaches including 2 foreign coaches at various SAI centers/other identified centers by NSFs. The players will be provided with sufficient exposure abroad for training/competitions.

9. Lawn Bowls: There will be 18 medals at stake and the maximum number of entries per country will be 10. The maximum number of medals that a country could win will be 12. A target to win 2 medals has been set by giving needed attention and providing the necessary facilities. We may well achieve this target because this sport is upcoming and is new to most of the participating countries except Australia. For achieving this target of 2 medals, 10 Men and 10 Women will be identified and trained under the supervision of 5 coaches including a foreign coach.
10. **Netball (W):** There will be 3 medals at stake and only 1 team of 12 players can be fielded. Though this is a new sport for the country, best efforts would be made to try and win a medal/ give a respectable/creditable performance being the host country. For this purpose, 24 players will be identified and trained at SAI centers on continuous basis by 5 coaches including a foreign coach.

11. **Rugby 7s:** There will be 3 medals at stake. A team of 12 players can be fielded. This also being a new sport for the country best and concerted efforts should be made to try and win a medal/ give a respectable/creditable performance being the host country. For this purpose, 35 players will be identified and trained at SAI centers on continuous basis by 5 coaches including a foreign coach.

12. **Shooting:** There will be 120 medals at stake and entry has been restricted to 40 per country. Maximum of 60 medals could be won by a country. India has been excelling in shooting in Commonwealth Games and had won 27 Medals (16 Gold, 7 Silver and 4 Bronze) during CWG 2006. It is possible to win up to 35 medals during CWG 2010 provided our shooters are given the best training and required support in India and abroad. This discipline may contribute the largest share in India’s medals tally during CWG 2010. It is worthwhile to mention that 8 of our shooters have already qualified for Beijing Olympic Games 2008 and few more are expected to qualify. For achieving the target of 35 medals, it is intended to provide training to 78 Men and 72 women shooters under the supervision of 15 coaches including 4 foreign coaches. The shooters will be suitably supported by required ammunition, sports sciences back up and other logistics, as required from time to time. Training will be held at SAI Ranges.

13. **Squash:** There will be 15 medals at stake (5 Gold, 5 Silver and 5 Bronze) during CWG 2010. Maximum number of entries per country has been fixed at 10 and hence a country could win a maximum of 10 medals. Though India has never won a medal in this sport during CWG but keeping in view the performance of our players at Junior World Level, it is expected that we can win 2-3 medals during CWG 2010 provided we support our players in terms of
training and international exposure. For achieving this target, 15 Men and 15 Women will be provided training by 5 coaches including a foreign coach. The probables will be trained in SAI centers /centers as identified by NSF.

14. **Table Tennis:** There will be 21 medals at stake for this sport during CWG 2010, out of which maximum of 12 medals can be won by a country by fielding maximum of 10 entries. India had won 3 medals during CWG 2006 (2 Gold and 1 Bronze). A target of winning 6 medals has been set for the CWG 2010. For achieving this target, 15 Men and 15 Women players will be identified and imparted training at SAI Centers and other centers abroad by 5 coaches including 1 foreign coach.

15. **Tennis:** There will be 21 medals at stake for this sport, out of which maximum of 12 medals can be won by a country by fielding a maximum of 10 entries. The Indian Tennis players are doing well in the International Circuit and some junior players have shown good promise for the future. A realistic target of winning 4 medals has been kept for CWG 2010. For achieving this target, 15 Men and 15 Women players will be trained by 5 coaches including 1 foreign coach in India and abroad.

16. **Weight Lifting:** There will be 45 medals at stake during CWG 2010 and a country could field a maximum of 15 entries. Hence maximum of 15 medals could be won by a country. During the CWG 2006, India had won 9 medals (3 Gold, 5 Silver and 1 Bronze) and is hopeful of winning 12 medals in CWG 2010. For achieving this target, 24 Men and 21 Women will be trained at SAI Centers/ASI Pune/Centres identified by NSF, on regular basis by 7 coaches including 1 foreign coach. Complete Sports Science back up with necessary supporting personnel will be provided to the weightlifters.

17. **Wrestling:** There will be 84 medals at stake and a country can field a maximum of 21 entries. Hence maximum of 21 medals can be won by a country. India had won 6 medals during CWG 2002 (this sport was not part of CWG 2006) and it is felt that this discipline may contribute largest number of medals to India’s Medals Tally in CWG 2010 after Shooting. A target of winning
all the possible 21 medals available to a country has been set up. For achieving this target, 56 Men and 28 Women will be provided training under the supervision of 14 coaches including 2 foreign coaches. The training will be at SAI Centers. Sufficient foreign exposure has also been planned for our Wrestlers.

**18. Elite Athlete with Disability:** There will be 4 disciplines for EAD viz. Athletics, Swimming, Table Tennis and Power Lifting. For these disciplines, 36 medals will be at stake and the number of entries per country will be restricted to 24. Hence a maximum of 24 medals can be won by a country. India had won 1 Bronze Medal during CWG 2006. A target of 4 medals has been set for CWG 2010. For achieving this target, 36 probables will be imparted training by Coaches on regular basis at Bangalore and other centers of SAI as identified by the NSF/PCI.
MEDALS AT STAKE & TARGETTED NUMBER OF MEDALS FOR COMMONWEALTH GAMES 2010

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Discipline</th>
<th>Gold</th>
<th>Silver</th>
<th>Bronze</th>
<th>Total</th>
<th>Medals Target</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Aquatics</td>
<td>54</td>
<td>54</td>
<td>54</td>
<td>162</td>
<td>2-4</td>
</tr>
<tr>
<td>2.</td>
<td>Archery</td>
<td>04</td>
<td>04</td>
<td>04</td>
<td>12</td>
<td>4</td>
</tr>
<tr>
<td>3.</td>
<td>Athletics</td>
<td>47</td>
<td>47</td>
<td>47</td>
<td>141</td>
<td>4-10</td>
</tr>
<tr>
<td>4.</td>
<td>Badminton</td>
<td>06</td>
<td>06</td>
<td>06</td>
<td>18</td>
<td>2-4</td>
</tr>
<tr>
<td>5.</td>
<td>Boxing</td>
<td>11</td>
<td>11</td>
<td>22</td>
<td>44</td>
<td>6-8</td>
</tr>
<tr>
<td>6.</td>
<td>Cycling</td>
<td>18</td>
<td>18</td>
<td>18</td>
<td>54</td>
<td>1-2</td>
</tr>
<tr>
<td>7.</td>
<td>Gymnastics</td>
<td>20</td>
<td>20</td>
<td>20</td>
<td>60</td>
<td>3-5</td>
</tr>
<tr>
<td>8.</td>
<td>Hockey</td>
<td>02</td>
<td>02</td>
<td>02</td>
<td>06</td>
<td>2</td>
</tr>
<tr>
<td>9.</td>
<td>Lawn Bowls</td>
<td>06</td>
<td>06</td>
<td>06</td>
<td>18</td>
<td>1-2</td>
</tr>
<tr>
<td>10.</td>
<td>Netball (W)</td>
<td>01</td>
<td>01</td>
<td>01</td>
<td>03</td>
<td>Nil</td>
</tr>
<tr>
<td>11.</td>
<td>Rugby 7’s (M)</td>
<td>01</td>
<td>01</td>
<td>01</td>
<td>03</td>
<td>Nil</td>
</tr>
<tr>
<td>12.</td>
<td>Shooting</td>
<td>40</td>
<td>40</td>
<td>40</td>
<td>120</td>
<td>30-35</td>
</tr>
<tr>
<td>13.</td>
<td>Squash</td>
<td>05</td>
<td>05</td>
<td>05</td>
<td>15</td>
<td>2-4</td>
</tr>
<tr>
<td>14.</td>
<td>Table Tennis</td>
<td>07</td>
<td>07</td>
<td>07</td>
<td>21</td>
<td>4-6</td>
</tr>
<tr>
<td>15.</td>
<td>Tennis</td>
<td>07</td>
<td>07</td>
<td>07</td>
<td>21</td>
<td>2-4</td>
</tr>
<tr>
<td>16.</td>
<td>Weightlifting</td>
<td>15</td>
<td>15</td>
<td>15</td>
<td>45</td>
<td>10-12</td>
</tr>
<tr>
<td>17.</td>
<td>Wrestling</td>
<td>21</td>
<td>21</td>
<td>21</td>
<td>84</td>
<td>21</td>
</tr>
<tr>
<td>18.</td>
<td>EAD Events</td>
<td></td>
<td></td>
<td></td>
<td>36</td>
<td>2-4</td>
</tr>
<tr>
<td>i)</td>
<td>Swimming</td>
<td>12</td>
<td>12</td>
<td>12</td>
<td>36</td>
<td>2-4</td>
</tr>
<tr>
<td>ii)</td>
<td>Athletics</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>iii)</td>
<td>Table Tennis</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>iv)</td>
<td>Powerlifting</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td>277</td>
<td>277</td>
<td>309</td>
<td>863</td>
<td>96-127</td>
</tr>
</tbody>
</table>
## STATEMENT SHOWING PERFORMANCE OF INDIAN TEAM/S IN LAST THREE COMMONWEALTH GAMES

<table>
<thead>
<tr>
<th>Common-wealth Games (Year/Host Country)</th>
<th>Number of Nations Participated</th>
<th>Sports Disciplines/ Number of Events</th>
<th>India at the Games</th>
<th>India Ranked</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1998 Kuala Lumpur (Malaysia)</strong></td>
<td>70</td>
<td>15 disciplines [Aquatics, Athletics, Badminton, Boxing, Cricket, Cycling, Gymnastics, Field Hockey, Lawn Bowls, Netball, Rugby 7s, Shooting, Squash, Ten-pin Bowling, Weight-lifting,].</td>
<td><strong>25 Medals</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>213 Events.</td>
<td><strong>7 Gold</strong> (Shooting(4), Weightlifting(3))</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><strong>10 Silver</strong> (Shooting(2), Weightlifting(5), Badminton(2), Boxing(1))</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><strong>8 Bronze</strong> (Shooting(1), Weightlifting(5), Badminton(2))</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>India was ranked 7th with 25 Medals (7 Gold, 10 Silver &amp; 8 Bronze) behind</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Rank</td>
<td>Country</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td>Australia</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>2</td>
<td>England</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>3</td>
<td>Canada</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>4</td>
<td>Malaysia</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>5</td>
<td>South Africa</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>6</td>
<td>New Zealand</td>
</tr>
<tr>
<td><strong>2002 Manchester (England)</strong></td>
<td>72</td>
<td>17 disciplines (14 individual sports and 3 teams sports) [Aquatics, Athletics, Badminton, Boxing, Cycling, Gymnastics, Field Hockey, Judo, Lawn Bowls, Netball, Rugby 7s, Shooting, Squash, Table Tennis, Triathlon, Weight-lifting, Wrestling].</td>
<td><strong>69 Medals</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>281 Events.</td>
<td><strong>30 Gold</strong> (Shooting(14), Weightlifting(11), Boxing(1), Hockey(1), Wrestling(3))</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><strong>22 Silver</strong> Athletics(1), Boxing(1), Judo(1), Shooting(7), Weightlifting(9), Wrestling(3))</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>India was ranked 4th with 69 Medals (30 Gold, 22 Silver &amp; 17 Bronze) behind</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Rank</td>
<td>Country</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td>Australia</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>2</td>
<td>England</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>3</td>
<td>Canada</td>
</tr>
<tr>
<td>CommonweaIth Games (Year/Host Country)</td>
<td>Number of Nations Participated</td>
<td>Sports Disciplines/Number of Events</td>
<td>India at the Games</td>
<td></td>
</tr>
<tr>
<td>---------------------------------------</td>
<td>-------------------------------</td>
<td>------------------------------------</td>
<td>-------------------</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Number of Participants</td>
<td>Number of Medals won</td>
</tr>
<tr>
<td>2006 Melbourne, Victoria (Australia)</td>
<td>71</td>
<td>16 disciplines (12 individual sports and 4 team sports) * (Aquatics, Athletics, Badminton, Basketball, Boxing, Cycling, Gymnastics, Hockey, Lawn Bowls, Netball, Rugby 7's, Shooting, Squash, Table Tennis, Triathlon, Weightlifting) *</td>
<td>270 (183 Sports-persons &amp; 77 Officials)</td>
<td>50 Medals (22 Gold, 17 Silver &amp; 11 Bronze)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>247 Events.</td>
<td>17 Bronze Athletics(1), Badminton(1), Boxing(1), Judo(1), Shooting(3), Table Tennis(3), Weightlifting(7))</td>
<td>17 Silver Shooting(7), Weightlifting(5), Athletics(2), Boxing(2), Hockey(1))</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Rank</th>
<th>Country</th>
<th>G</th>
<th>S</th>
<th>B</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Australia</td>
<td>84</td>
<td>69</td>
<td>68</td>
<td>221</td>
</tr>
<tr>
<td>2</td>
<td>England</td>
<td>36</td>
<td>40</td>
<td>34</td>
<td>110</td>
</tr>
<tr>
<td>3</td>
<td>Canada</td>
<td>26</td>
<td>29</td>
<td>31</td>
<td>86</td>
</tr>
</tbody>
</table>
### Annexure-IV (Para 6.1)

**STATEMENT SHOWING THE NUMBER OF SPORTSPERSONS WHO WILL ACTUALLY PARTICIPATE IN CWG 2010 VIS-À-VIS THE NUMBER OF SPORTSPERSONS IN THE CORE GROUP**

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Discipline</th>
<th>No. of sportspersons who will actually participate in CWG 2010</th>
<th>No. of sportspersons in Core Group selected for training</th>
<th>Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Men</td>
<td>Women</td>
<td>Men</td>
</tr>
<tr>
<td>1.</td>
<td>Archery</td>
<td>08</td>
<td>08</td>
<td>32</td>
</tr>
<tr>
<td>2.</td>
<td>Athletics</td>
<td>60</td>
<td>42</td>
<td>100</td>
</tr>
<tr>
<td>3.</td>
<td>Aquatics</td>
<td>20</td>
<td>15</td>
<td>60</td>
</tr>
<tr>
<td>4.</td>
<td>Badminton</td>
<td>05</td>
<td>05</td>
<td>20</td>
</tr>
<tr>
<td>5.</td>
<td>Boxing</td>
<td>11</td>
<td>00</td>
<td>44</td>
</tr>
<tr>
<td>6.</td>
<td>Cycling</td>
<td>25</td>
<td>14</td>
<td>75</td>
</tr>
<tr>
<td>7.</td>
<td>Gymnastics</td>
<td>06</td>
<td>09</td>
<td>24</td>
</tr>
<tr>
<td>8.</td>
<td>Hockey</td>
<td>16</td>
<td>16</td>
<td>48</td>
</tr>
<tr>
<td>9.</td>
<td>Lawn Bowls</td>
<td>05</td>
<td>05</td>
<td>15</td>
</tr>
<tr>
<td>10.</td>
<td>Net Ball</td>
<td>00</td>
<td>12</td>
<td>0</td>
</tr>
<tr>
<td>11.</td>
<td>Rugby 7s</td>
<td>12</td>
<td>00</td>
<td>36</td>
</tr>
<tr>
<td>12.</td>
<td>Shooting</td>
<td>26</td>
<td>14</td>
<td>100</td>
</tr>
<tr>
<td>13.</td>
<td>Squash</td>
<td>05</td>
<td>05</td>
<td>15</td>
</tr>
<tr>
<td>14.</td>
<td>Table Tennis</td>
<td>05</td>
<td>05</td>
<td>20</td>
</tr>
<tr>
<td>15.</td>
<td>Tennis</td>
<td>05</td>
<td>05</td>
<td>20</td>
</tr>
<tr>
<td>16.</td>
<td>Weightlifting</td>
<td>08</td>
<td>07</td>
<td>32</td>
</tr>
<tr>
<td>17.</td>
<td>Wrestling</td>
<td>14</td>
<td>07</td>
<td>56</td>
</tr>
<tr>
<td>18.</td>
<td>EAD</td>
<td>18</td>
<td>06</td>
<td>36</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td><strong>249</strong></td>
<td><strong>175</strong></td>
<td><strong>733</strong></td>
</tr>
<tr>
<td>Sl. No.</td>
<td>Discipline</td>
<td>No. of Sports Persons</td>
<td>No. of Coaches</td>
<td>No. of Sports Analysts</td>
</tr>
<tr>
<td>--------</td>
<td>-----------------</td>
<td>------------------------</td>
<td>---------------</td>
<td>------------------------</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Men</td>
<td>Women</td>
<td>Indian</td>
</tr>
<tr>
<td>1</td>
<td>Archery</td>
<td>32</td>
<td>32</td>
<td>12</td>
</tr>
<tr>
<td>2</td>
<td>Athletics</td>
<td>100</td>
<td>100</td>
<td>38</td>
</tr>
<tr>
<td>3</td>
<td>Aquatics</td>
<td>60</td>
<td>45</td>
<td>12</td>
</tr>
<tr>
<td>4</td>
<td>Badminton</td>
<td>20</td>
<td>20</td>
<td>8</td>
</tr>
<tr>
<td>5</td>
<td>Boxing</td>
<td>44</td>
<td>20</td>
<td>6</td>
</tr>
<tr>
<td>6</td>
<td>Cycling</td>
<td>75</td>
<td>42</td>
<td>8</td>
</tr>
<tr>
<td>7</td>
<td>Gymnastics</td>
<td>24</td>
<td>36</td>
<td>8</td>
</tr>
<tr>
<td>8</td>
<td>Hockey</td>
<td>48</td>
<td>48</td>
<td>12</td>
</tr>
<tr>
<td>9</td>
<td>Lawn Bowls</td>
<td>15</td>
<td>15</td>
<td>4</td>
</tr>
<tr>
<td>10</td>
<td>Net Ball</td>
<td>0</td>
<td>36</td>
<td>4</td>
</tr>
<tr>
<td>11</td>
<td>Rugby 7s</td>
<td>36</td>
<td>10</td>
<td>4</td>
</tr>
<tr>
<td>12</td>
<td>Shooting</td>
<td>100</td>
<td>50</td>
<td>15</td>
</tr>
<tr>
<td>13</td>
<td>Squash</td>
<td>15</td>
<td>15</td>
<td>4</td>
</tr>
<tr>
<td>14</td>
<td>Table Tennis</td>
<td>20</td>
<td>20</td>
<td>6</td>
</tr>
<tr>
<td>15</td>
<td>Tennis</td>
<td>20</td>
<td>20</td>
<td>6</td>
</tr>
<tr>
<td>16</td>
<td>Weightlifting</td>
<td>32</td>
<td>28</td>
<td>9</td>
</tr>
<tr>
<td>17</td>
<td>Wrestling</td>
<td>56</td>
<td>28</td>
<td>12</td>
</tr>
<tr>
<td>18</td>
<td>EAD*</td>
<td>36</td>
<td>18</td>
<td>6</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td>733</td>
<td>553</td>
<td>174</td>
</tr>
</tbody>
</table>
* Elite Athletes with Disabilities

<table>
<thead>
<tr>
<th>Role</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sports Persons</td>
<td>1286</td>
</tr>
<tr>
<td>Coaches</td>
<td>210</td>
</tr>
<tr>
<td>Sports Analyst</td>
<td>19</td>
</tr>
<tr>
<td>Escorts</td>
<td>18</td>
</tr>
<tr>
<td>Supporting Personnel</td>
<td>80</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1613</strong></td>
</tr>
</tbody>
</table>
GUIDELINES FOR PREPARATION OF LONG TERM FRAME WORK

Preparation of Long Term Frame Work is found to be an effective method by which a sporting organization can establish its goals and identify best means of working towards them. Considerably work has been done over the years in India to develop sports infrastructure, to improve training, encourage competitions, improve the availability of equipment to sportspersons. Within the perspective of long term plan covering ten to fifteen years the four year cycle between Asian Games would be the first phase. Significant improvements are possible in case a systematic Plan, covering a cycle of four years from one Asian Games to another, is prepared. It is hoped that all National sporting organizations will initiate a process of consultation immediately and have the next four year plan ready and in place before 1.11.1994.

The format given in the following paras is only suggestive and may need to be expanded or modified keeping in view the needs of a specific organization. The suggested format is based on the following components as a minimum requirement.

1.1 INTRODUCTION

The introduction should provide a background to the organization and an overview of the Plan. It should place a plan in the context of the organisation’s history, its recent achievements and its aspirations. It should include a brief introduction to the organization i.e. the size of its membership, successes in the field, level and type of participation, profile of the sport, affiliation both international and within country.

It should provide the scope of the Plan indicating why it was prepared and what the plan contains etc.

1.2 MISSION STATEMENT AND ORGANISATIONAL CHART

The Organization’s Mission Statement should state in a clear and concise manner the collective vision of its members. For example:

The Indian Hockey Federation is a national body for hockey and aims to provide all members with fair competition, access to high standard facilities and represent the interest of players to Government and other sporting organizations. It is committed to the development and promotion of the sport in the areas of sub junior and junior development, senior competitions and at the elite level.

The Organizational chart provides a ready reference to the size and structure of the organization and indicates how the various functionaries and committees relate to one another. It also shows the lines of communication.
1.3 REVIEW OF PREVIOUS YEAR

The review should list the tasks which were proposed for the previous year identifying the extent to which they were completed, stating reasons for failing to achieve any of the targets and identifying the implications of his for future years.

1.4 FOUR YEAR DEVELOPMENT PLAN

The Development plan should contain the physical targets proposed to be achieved by the plan along with estimated costs. The preparation of the plan is likely to be more meaningful if the objectives are grouped into operational or key target areas. Examples of key target areas which may be appropriate for a national sporting organization are as follows:

- Athlete development
- Coaching
- Officiating
- Participation and Broadbasing
- Development of Clubs
- Domestic Tournament Schedule
- Participation in International Tournaments
- Hosting of Major Events
- Professionalisation of Management
- Financial Management
- Marketing and Promotion
- Sports sciences
- Facilities and equipment
- Social Projects

1.4.1 Athlete development

The following programmes should be included in this key result area. Talent identification programme for determining athlete potential, special coaching programme for talented athletes teams, support staff (like coaches and sports scientists) to enhance athlete performance setting up and maintenance of athlete performance data base, specialization, commitments and obligations of athletes, selection policies and criteria, outfitting and equipment, financial support for athletes, international exposure, grievance redressal machinery for handling the representations of athletes,

1.4.2 Coaching

Coaching management includes the planning of meeting to develop, review and revise manuals and resources for coach education. It also includes development of specific programmes for specific target groups such as disabled, non specialized teachers in schools, parents etc. In disciplines where there are no programmes being run within the country for coaching a project approach may have to be followed for development of the coaching cadre.
1.4.3 Officiating

Measurable objectives under this head relate to production and dissemination of information about technical standards of equipment education and accreditation of referees and judges, laying down of safety standards for the sport. Other objectives may include the publication of rule books and details of accredited referees/judges.

1.4.4 Participation and Broadcasting

During the planning process organizations should have specified targets for increasing the participation both overall and in particular categories. The following target areas need to be considered for inclusion – sub-juniors, juniors, schools, universities, special areas such as tribal areas, rural areas, north eastern region, people with disabilities.

1.4.5 Development of Clubs

Targets for development of clubs dedicated to the sport need to be fixed especially areas where the sport is popular. Further State units have to be encouraged to start leagues tournaments for the clubs.

1.4.6 Domestic Tournament Schedule

Planning of a domestic tournament schedule in advance helps the sports persons and their coaches to plan their training programme. It also helps at the state units to plan their state level and district level tournaments in a proper way. The dates and venues of the tournaments should become available to all interested persons on the 1st of April every year in a printed form. There should be no changes in the dates or venues of the already finalized schedules. Also it is necessary to identify the organizers at each level in advance as well as estimate the costs involved.

1.4.7 Participation in International Tournaments

For every elite sportspersons or a team the major international tournament in which he or the team is participating in a year has to be identified in the beginning of the year. Targets for participation in events may revolve around the present performance level of the individual or the team. There could also be smaller events before the major event which might help the sportsperson or the team to have an exposure or competition experience. However, while selecting the international tournament adequate care needs to be taken to identify a tournament which provides good competition. Events can include anything from international competition to exhibition matches. Planning of international tournaments in advance helps to prepare the training schedule in a scientific manner.

1.4.8 Hosting of major events

Hosting of major events should be planned by the organization keeping in view its own competitive strength in major events the objectives of participation have to be clearly spelled out. It could be exposure for your players or financial benefit to the organization or impact on population of the game.
It is equally important to ensure that these events are properly and professionally managed so that India develops a credible image abroad as good and reliable venue for holding and hosting of such tournaments.

1.4.9 Professionalisation of management

One of the acute problems being faced by many national federations is the lack of professional skills to plan and implement detailed programmes for the long term development of sports. Most office bearers would wide are in honorary capacity and find it difficult to manage the complex workings of large Federations without taking outside professional skill. Appointment of professionals in such a scenario does not in any way diminish the status or responsibility of federation executives.

Planning in this areas should address issues such as appointments of staff to handle administration and finance. It should also include professional development programmes setting up of administrative procedures, improved communication and meeting procedures and committee structures.

1.4.10 Financial Management

Financial Management should include preparation of budget, setting up of accounting and auditing procedures, sponsorship targets and revenue generation target. Other areas would involve establishment of improved planning practices, setting up of planning committees and sub committees to review the development plans.

1.4.11 Marketing and Promotion

The Government recognize commercial potential of organized sports particularly at the senior level and would like to see federations make full use of this potential. The Government would consider endorsing projects which are basically commercial and self financing. In this context, hosting and holding of international tournaments which are recognized by the concerned Asian and International Federations would be given a priority.

Targets for promoting of a particular sport would involve development of membership packages, publications, media strategies and meeting the needs of the customer, such as juniors, men and women competitors, officials, coaches, volunteers, spectators, media etc.

1.4.12 Sports sciences

Sports science should incorporate target setting for athlete testing and support in Bio-mechanics, Physiology, Psychology, Physiotherapy etc.

1.4.13 Facilities and equipment

The development plan may address the issue of facility management, maintenance and possible future facility development. Similarly the equipment needs of players may also be of importance, particularly if the sport is new to the country and equipment is not readily available off the shelves in the country.
1.4.14 Special Projects

This key result area may concentrate on specific projects for development in some specific region, publications, or fund raising activity.

1.5 Structure of the Plan

Structure of the Plan would include the following:

(i) A statement of specific and measurable objective against each of the items mentioned above
(ii) A statement of the long term perspective for the sport
(iii) A special four year plan for the period 1994-98
(iv) A detailed annual plan for 1994-95
(v) A detailed financial statement of the cost involved and the projected income
(vi) Detailed proposals for introducing professional management practices.
(vii) 

1.6 Procedure for approval and monitoring of the Plan

The Plans as drawn up by the National Federations will be discussed in meetings of the Federation, the Department and SAI and an agreed programme will be finalized and concluded. This programme will include the following commitments:

(i) The concerned National Federation will implement the provisions of the agreement and achieve the targets as set.
(ii) That the Department will commit its share of financial assistance.
(iii) That the SAI will make its facilities available according to the schedule approved.

To monitor compliance or non-compliance, a Committee consisting of representatives of the National Federations, the Department and the SAI will review the progress made against the targets set every quarter and will suggest corrective steps to be taken by the three agencies involved. Corrective measures, as agreed upon, will be taken by the parties involved during the course of the year.

1.7 Eligibility

To be eligible for assistance the national sporting organizations must meet the following criteria:

- be properly constituted, as evidenced by a formal, written and satisfactory constitution
- be in existence and operating effectively for at least three years (this should be supported by annual reports and financial statements for this period
- be truly representative of the sport nationally
- be affiliated with recognized international sporting organization
• follow proper, democratic and healthy management practices which provide for greater accountability and transparency at all levels
• have proper accounting procedures at all levels and produce annual financial statements
• produce an annual report
• have impartial and transparent selection procedures
• provide a positive exposure to the Ministry of Youth Affairs and Sports as a major sponsor of sport in India.

*****
FORM OF APPLICATION FOR OBTAINING APPROVAL OF THE GOVERNMENT OF INDIA FOR INVITING FOREIGN TEAMS/SPORTSPERSONS TO INDIA

(To be submitted in triplicate at least 1 month prior to the date of commencement of the event to the Department of Sports with a copy thereof to Sports Authority of India)

1. Name of Federation
2. Are any of its office bearers (President, Vice-President, Hony. Secretary and Treasurer) holding office in any other National Sports Organization except Indian Olympic Association, if so, give details.
3. Name of the countries proposed to be invited
4. Whether South Africa, Israel, China (Taiwan) are also proposed to be invited? if so, which county/countries.
5. Strength of the visiting team(s) with their Nationality.
   (a) Officials
   (b) Players
6. Particulars of the member of the team(s):
   (a) Nationality
   (b) Date and place of Birth
   (c) Parentage
   (d) Present address
   (e) Permanent address
   (f) Passport number, date and place of its issue
      (Please attach a statement giving the above information in respect of each member of the team)
7. Name, place and dates of the events giving details of arrangements made at various centers and itinerary of the tour.
8. Date of which the team proposes to come to India and the port of its disembarkation.
9. Duration of stay in India.
10. Financial terms settled (A copy of the letter from the visiting teams organization accepting the terms should be enclosed)
11. (a) Whether the visiting team will bear its own passage to and fro-if not arrangements made for their passage indicating the Air Company which is doing the job.
    (b) Whether free Local Hospitality will be provided.
    (c) Whether any out of pocket money is to be paid to the members of the team, if so, the amount to be paid
12. Whether the visiting team will be given any share in the gate money.
If so, the mode of payment and the estimated amount payable to the visiting team.

13. Foreign exchange if any, required giving the detailed break-up and justification. Also indicate the amount if any, to be repatriated out of India.

14. Whether any foreign exchange is likely to be earned by way of entry fee and expenses of board and lodging etc. If so, give estimate earnings in foreign exchange.

15. Amount of financial assistance required if any, giving detailed budget estimates justification and expected receipts from various sources State Government/Municipality etc.

16. Likely income from gate receipts, souvenir, advertisements and hoarding etc. and whether they have been reflected in the budget estimates.

17. Name of Liaison Officer appointed to look after the foreign team(s).

18. Details of financial assistance received during the last 1 year from the Central Government.

19. Have the accounts of the previous grants been settled? If not, give the details of grant not accounted for and reasons therefore?

Certified that all foreign exchange earnings will be fully accounted for.

Signature of applicant
Designation
Dated

If all the information is not available in the first instance, all available information/including in particular, the nationality of the foreigners should be furnished but the remaining particulars should be furnished as soon as they are available.
STATEMENT SHOWING THE NORMS FOR SELECTION OF SPORTSPERSONS (CORE GROUP OF PROBABLES) FOR COMMONWEALTH GAMES, 2010

1. Medalist/participants in World Championships 2006 and Olympic Games, 2004;
2. Medalist of Asian Games and Commonwealth Games, 2006;
3. Medalists of Asian Championship 2006, World Cups, Commonwealth Championship and other equivalent events;
4. Participants in World Championships, Olympic Games 2004, Asian Games and Commonwealth Games 2006 and events mentioned at 3 above;
5. Medalists of 1st Afro Asian Games, SAF Games and National Championships held in 2007;
6. World Ranking, wherever applicable; and
7. Age Criteria and current levels of performance.

The Steering Committee constituted under this Scheme will finalize the selection of the Core probables to be trained as medal prospects out of the list provided by the Sports authority of India in consultation with the concerned NSF/SAI
COMPOSITION AND FUNCTIONS OF 'STEERING COMMITTEE'

COMPOSITION:

1. Joint Secretary (ISD) - Chairman
2. Executive Director (Teams), SAI - Member
3. Representative of concerned NSFs. - Member
   (Whenever their issues are discussed)
4. Representative of Indian Olympic Association (IOA) - Member
5. Director (TEAMS), SAI - Member
6. One Govt. Observer (concerned discipline) - Member
7. Two Technical Experts - Members
   ( one each in Sports Medicine/ Sports Sciences )
8. Director (ISD) - Member Secretary

FUNCTIONS:

1. There will be separate Committees for each Sports discipline of the Commonwealth Games.
2. The Committee will meet once every month.
3. The Committee shall finalize and approve the list of Core Probables.
4. The Steering Committee will approve the Annual Calendar of Training and Competition (ACTC) of the core probables of each discipline and sanction financial assistance, and assign specific responsibilities for its implementation, to various agencies such as SAI, NSFs etc. The Committee shall also review the implementation of ACTC with a view to modify the same from time to time to make it more effective.
5. The Committee shall also select and approve terms of engagement of coaches ( both Indian and Foreign ) and supporting personnel.
6. The Committee will monitor regularly progress in respect of performance levels, improvement therein of the core group of sportspersons, Coaches (Indian & Foreign) and Supporting Personnel and recommend to the Review Committee regarding modification in list wherever necessary.

7. The Committee Secretariat will keep a data base of all the core probables of each discipline.

*****
APPLICATION FORM TO BE SUBMITTED BY THE NATIONAL SPORTS FEDERATION/S SEEKING FINANCIAL ASSISTANCE UNDER THE SCHEME OF ‘PREPARATION OF INDIAN TEAM FOR COMMONWEALTH GAMES-2010’ FOR TRAINING/ FOREIGN EXPOSURE.

PROFORMA

1. Name and address of the applicant (Name of the Federation/Association etc.)

2. Sports discipline

3. Details of the event
   (i)
   a. Name :
   b. Category :
   c. Venue :
   d. Date : From_______To_______
   e. Proposed duration of stay abroad : From_______To_______

   (ii) Will the team participate in any other event, en-route?

   If yes, please give following details:
   a. Name/s of players/ :
   b. Coaches :
   c. Venue :
   d. Date :
   e. Terms and conditions :
   f. Financial implications :

4. Composition of the Team.
   (i)
   a. Name of the Players * :
   b. Performance level achieved :
      in the Coaching Camps
   c. Present record :
(ii) **Coaches**
   a. Name/s of the Coaches * : 
   b. Qualification/s : 
   c. Whether selection of the Coach/s has been approved by ‘Steering Committee’ duly constituted.

(iii) **Any other official (Please give detailed justification) :-**
* Name/s given in column 4 (a) and 4 (b) above should have approval of STEERING COMMITTEE (Copy of MYAS letter to be enclosed in the regard).

5. **Financial implications and other details :-**
   (i) Details about the Organization which will host the event:
      a. Name : 
      b. Address & Phone No. : 
      c. E-mail address : 
   (ii) Details of assistance to be provided by the host (copy of the letter received from the organizer to be enclosed)
      a. Local accommodation : 
      b. Hospitality (Boarding) : 
      c. Local transport : 
      d. Air passage : 
      e. Any other support : 
      f. Estimates of foreign exchange to be received from the organizers. : 

6. **Details of assistance sought.**
   (i) Passage cost
      a. Mode (By Air/any other method): 
      b. Port of embarkation in India : 
      c. Port of disembarkation in Foreign Country
(ii) Incidentals to passage
   a. Visa fee : 
   b. Airport tax : 
(iii) Any other requirement (please give details item wise along with justification and enclose copy of relevant supporting documents)
(iv) Total amount of foreign exchange required:
(v) Foreign exchange likely to be earned : 
(vi) Net foreign exchange required : 
(vii) Office of Reserve Bank of India to be advised
   Delhi/Kolkata/Mumbai/Chennai. : 

7. Is any other team member/official is a Government servant/office bearer of political party? If so, whether required clearance has been obtained from Ministry of Home Affairs? Please enclose copy of the clearance received from M/o Home Affairs.

NOTE:-

(i)
Please submit this in duplicate at least one month before scheduled date of events to the Ministry of Youth Affairs & Sports International Sports Division, New Delhi, with a copy to the Sports Authority of India (SAI).

(ii)
Please fill in all the columns correctly with all requisite details.

Certified that facts given above are true as per records of the Federation and my knowledge. Further certified that full account of foreign exchange earned by any other team member/team shall be repatriated as per law within the time specified.

Signature_________________
Name & Designation________
SEAL

Date___________
Place____________
COMPOSITION AND FUNCTIONS OF THE REVIEW COMMITTEE

1. Secretary (YA & S) - Chairman
2. Director General, SAI - Member.
3. Joint Secretary (Sports) - Member
4. Representative of IOA - Member
5. Government Observers - Member
   (ONE from each discipline)
6. Joint Secretary (ISD) - Member Secretary

**Note 1: Serial No.5 will attend whenever issues relating to their discipline are being discussed.**

FUNCTIONS:

1. The Committee will meet once in every three months.
2. The Committee will review regularly progress in respect of performance levels of the core group of sportspersons, coaches (Indian and Foreign) and supporting personnel and provide guidance to the 'Steering Committee' and the various stakeholders, wherever required.
3. The Committee will take all remedial measures which could include exclusion of poorly performing athletes and coaches etc. from the Core Group and substitution/inclusion of new ones, on the recommendations of the 'Steering Committee'.

******

74